



MUSLIM INTERSCHOLASTIC  
TOURNAMENT

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**THE CONVICTION  
IN COURAGE:  
FINDING THE BALANCE  
BETWEEN FEAR AND RISK**

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OFFICIAL 2022 RULEBOOK

# ASSALAMU 'ALAIKUM,

PEACE BE UPON YOU

As we navigate life after the first wave of the pandemic, we are facing so many changes in every aspect of our lives - from our homes, to school, to work, and everything in between. MIST is no exception. Just like the rest of the world, we are doing our best to return back to what we refer to as “normal,” which is how things were run before the pandemic hit.

Although we are not in lockdown anymore, we are still in a transition year. That means while some competitions are returning back to in-person (Alhamdulillah!!!), some are still going to be conducted online. We hope that this hybrid approach allows us all to be able to accommodate all types of circumstances across the regions.

We are so beyond excited to welcome our competitors back into our venues, and cannot wait to see you all in-person for many of the competitions, inshaAllah! I pray for a successful year of hybrid MIST this year, inshaAllah. May Allah (swt) continue to protect us and strengthen our faith in Him. I know it’s still not going to be a “normal” year, but hey - let’s embrace and accept the world as it is, and show our gratitude to the Most High by taking advantage of the opportunities we still have! Bismillah!

**Sincerely,**

Maria Najam

National Competitions Director

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# THE CONVICTION IN COURAGE

## Finding the Balance between Fear and Risk

The past 20 months have been demanding as we collectively cope with a global pandemic, giving rise to protests and conflict at home and abroad. These events have grabbed our attention as we witness the challenges our brothers and sisters endure and are awed by the determination and courage they possess. These months have not been kind on our bodies and minds, yet we are asked by our community to remain steadfast, to withstand these moments, and keep faith that this will pass.

Often, when we think of courage, we look to the physical and moral manifestation of it, imagining a fearless individual standing firm in a protest, or those willing to make the tough decisions in challenging situations. Philosophers such as Plato or Aristotle discussed courage as a trait set aside for those that do not fear death. However, we can look towards the teachings of the Prophet Muhammad (may peace and blessings be upon him) on how we can remain strong and demonstrate courage in various forms. At a time where we are surrounded with injustices, "a word of truth spoken before an unjust ruler" (an-Nasa'i) is the best form of struggle. We remember maintaining self-control is where true strength lies for a believer for "the strong man is one who controls himself in anger" (Bukhari).

However, sometimes our courage and our conviction to stand firm can be tested or shaken by the outcomes and consequences of our decisions and we may begin to question our yaqeen, our solid conviction (certainty). Instead of giving into despair, we can use this opportunity to become closer to Allah and have the courage to hold firm in our beliefs and not have our faith deterred as we have been told that "the strong believer is better and more beloved to Allah" (Muslim). As we experience tragedies and undergo failures that shake our core, we remain patient and accept the order of Allah for "Allah does not decree anything for the believer except what is good for him" (Ahmad).

How do you define courage and instill this characteristic into situations that arise in your life? How can we harness our courage to serve our communities while taking care of ourselves? How do we strike the balance between the courage we inwardly and outwardly demonstrate? How do we navigate our vulnerabilities as a part of being courageous? What are ways to value and support those who have taken a stand when it's needed? How can we maintain our beliefs when making hard decisions?

We encourage you to creatively explore these concepts and more in online and in-person Regional and National competitions and workshops during MIST 2022. Remember that unique projects displaying creativity and insight will be judged most favorably.

# MIST HONOR CODE

## Standards

Students are expected to maintain the following standards:

1. All participants are required to follow the MIST dress code, including wearing a face mask at all times.
2. Always show utmost respect to the person(s) leading and taking part in workshops, competitions, and all other parts of MIST. Any discrimination or acts that may infringe the rights of others in any part of MIST, including but not limited to competition submissions, will not be tolerated. This includes but is not limited to discrimination against individuals based on religion, race, color, gender, sex, ethnicity, disability, gender identity, sexual orientation, marital status, pregnancy, ancestry, national origin, mental health, and socio-economic background.
3. Any unwanted physical contact is not permitted.
4. Any unwanted private one-on-one interactions are not permitted. Anyone reserves the right to request a third person in any interaction.
5. All competitors are expected to be a mature representative of their high school or city. Remember that you are representing the next generation of community leaders. Your behavior should reflect that image.

## Integrity

Students are expected to submit original work for MIST competitions each year. Actions that violate the standards of academic integrity include:

1. Reading, obtaining, or sharing a copy of any test materials before or after the competition without authorization.
2. Consulting or obtaining assistance from unauthorized sources during a competition, including copying another person's answers or referring to any aids not specifically approved for use during the time of the competition.
3. Submitting work prepared entirely or partially by another individual, or otherwise misappropriating works or intellectual property belonging to another individual and presenting it as one's own, without the owner's consent or without providing proper citation and acknowledgment. This includes copying ideas from popular media (tv, books, etc) even with citation.
4. Presenting audio or visual recordings of others without their consent, or otherwise abusing confidentiality such that the ideas or works of individuals discussed in confidence are released without proper authorization.
5. Submitting material used for MIST in previous years, or otherwise used for the purposes of a class or project at any other institution.
6. Falsifying or misrepresenting your results or procedures.
7. Sabotaging the work of other competitors or otherwise infringing upon the ability of others to compete fairly.
8. Interfering with the judging or scoring of any competition by anyone other than the official judges and competition organizers.
9. Impersonating any other MIST competitor, judge, volunteer, or organizer for the purposes of gaining an unfair advantage.
10. Being in the willful companionship of someone who violates any portion of the Honor Code, or failing to report any direct knowledge (other than hearsay) of violations.
11. Misrepresenting your age or otherwise registering for a MIST team for which you are ineligible.
12. Participating in, or attempting to participate in, a competition for which you have not registered.

Actions that do not violate the Code include, but are not limited to the following:

1. Serving as a proxy to present the work of another student on account of an excused absence (such as medical emergency, death in the family, etc.), which has been pre-approved by MIST.
2. Submitting the same or modified work between Regionals and Nationals of the same year.
3. Getting help from and collaborating with others, while crediting ideas or work that are not your own with proper citation.

Depending on the severity of the infraction, competitors and their teams, found guilty of academic misconduct may lose points or be disqualified from a competition. Disciplinary misconduct warrants full disqualification from this year's tournament.

Students registering for any MIST competition automatically agree to abide by the principles of academic integrity as outlined in the MIST Honor Code.

# TOURNAMENT GUIDELINES

1. Competitions will still be run as school-based teams. Only one (1) team will be allowed per school.
2. Competitors will compete with the school they are currently registered with. If a competitor is attending a modified school due to the pandemic, please contact your region for details.
3. Competitors may only sign up/compete in one competition per category.
4. If students choose to enroll in a sports or E-sports competition (pilot or national), they must also be enrolled in at least one non-sports competition.
5. Some competitions have been altered for an online format and will only last for this year (inshAllah). Others have returned to the in-person format.
  - a. MANY competitions have changed in either how they are run, when they are submitted, or how many competitors may sign up per team.
  - b. Prepared Essay, Poetry, and Short Fiction have remained combined into one (1) competition - Creative Writing.
  - c. E-Sports competitions will be released in an E-Sports Addendum Rulebook.
6. While preparing for or making your projects, especially when work with others, local, state, or national guidelines for pandemic safety MUST be abided by, such as social distancing, facemasks, or gathering size limitations. Teams which break any such rules or guidelines will automatically be disqualified and referred to the relevant public health authorities.



# COMPETITOR GUIDELINES

1. Competitors are responsible for being prompt at registration and their competition times. Failure to be on time may result in losing the chance to compete.
2. MIST name badges and/or identification bands must be worn at all times. If a replacement is needed, see a MIST Representative immediately.
3. Be prompt in attending all workshops. Competitors and their teams receive points for attending the workshops they've chosen. Failure to appear at these workshops will cause the team to lose points.
  - a. Students must stay until the end of each workshop in order to be counted present.
4. Each team **MUST** be accompanied by at least one coach. A coach can be a parent, a teacher, an administrator, or a sibling older than 21 years of age. At least one coach **MUST** be at the tournament with their team at all times and never leave the campus. If a coach has to leave, he/she must have a replacement. Please plan ahead and send a coach registration form for each of the coaches who will be accompanying your team.
5. MIST participants may not leave the building without a registered coach from their own team, or without the MIST Board's permission.
6. No student is allowed to leave the tournament early on any day. All teams/students must arrive on time and leave only when the tournament is over. If there is an important reason for a student to leave early, he/she needs to let MIST know no less than seven (7) days in advance. To obtain permission to leave early, contact your Regional Registration Headquarters. We reserve the right to allow/refuse a student from leaving early. Once MIST gives the student permission to leave early, he/she **MUST** let the team coach know that they are leaving and when they will return.
7. Read the program and competition rules carefully. Participants are required to follow the rules published in the Annual Competitions Rulebook published at [www.getmistified.com](http://www.getmistified.com). If you don't know, ASK!
8. Share ideas with others, help each other solve problems, and **HAVE FUN!**

# EARLY SUBMISSION DETAILS

All early submissions are to be made via the MyMIST Portal. The MyMIST portal only accepts one (1) submission file. For uploading multiple files, all files must be put together into a zip file, and the zip file can be uploaded into the portal.

## **Two Weeks Prior to Tournament:**

- Graphic Design
- Creative Writing
- Short Film
- Business Venture Proposal
- Science Fair Abstract

Please check with your regional headquarters for exact dates and more information.

## **General Guideline for Written Submission Documents:**

- Typed and Double spaced
- Size 12 font, Times New Roman
- All submissions must be in PDF format.
- A written statement is required for all early submission competitions unless stated otherwise, which should be included on a separate page at the end of your document, or submission.
- Have a cover page with the title, MIST ID and name of competition. Competitor name or other identifying markers should not be anywhere on the piece.
- Label the document in the following format: "MISTID\_COMPETITIONNAME" for example "123-7869\_CreativeWriting"

## **Late Submissions:**

- Written submissions not submitted on time will be subject to potential disqualification or score reduction.
- Submissions submitted within 24 hours of the regional deadline will be subject to a 10-point overall deduction
- Every incremental day the submission passes the deadline, another 15 points will be deducted.
- Submissions beyond three (3) days of the original deadline will not be accepted and will be disqualified.

**NOTE:** Each region has the right to deduct points from the competitor's score if the above format of titling the submission is not followed.

**NOTE:** Make sure to check the specific rules pertaining to each competition for Written Statement. All the competitions do NOT have the same requirements.



# CATEGORY I: KNOWLEDGE & QURAN

## **Knowledge Tests:**

Read one of three books and take a test on it. The test comprises of a set of multiple choice and short answer questions to judge reading, comprehension, and analytical abilities.

## **Quran Memorization:**

Test your memorization and recitation of the Quran in Arabic, according to tajweed (rules of recitation). Level 1 is for beginners, while Levels 2 and 3 are for more advanced competitors.

## **Quran Recitation:**

Test your recitation of the Quran in Arabic, according to tajweed (rules of recitation).

# KNOWLEDGE TESTS

**Format:** ONLINE

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

**Number of Tests:** 3

## **Registration Requirements:**

1. No more than four (4) students from each school may register for each test. Each student may only register for **ONE (1)** test.
  - a. **EXAMPLE:** Four (4) students may register for Test 1, and four (4) other students may register for Test 2, etc.

## **Procedures:**

1. Tests must be taken individually.
2. Tests will be open-book. No additional notes or mobile devices will be allowed.
3. All questions for each test will be based on the material covered in the assigned book/text.
4. There is no ballot for this competition. Scores will be based solely on test performance.

## **Competition Logistics:**

1. This competition will be conducted online.
2. This competition will require live cameras and microphones that are on throughout the entirety of the exam. Further details will be released closer to the tournament date.
3. Each student will be given an online test containing possible combinations of multiple choice and short answer questions at the time of the competition. Questions will have an analytical/thinking focus.

**NOTE:** The books for Knowledge Tests can be found at many online bookstores.

# QUR'AN MEMORIZATION

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

**Number of Levels:** 3 levels

## Registration Requirements:

1. Each team may have a maximum of four (4) male and four (4) female competitors for Level 1, and a maximum of two (2) male and two (2) female competitors for Levels 2 and 3 each.
2. Each level is treated as a separate competition, and each level is gender-segregated.
  - a. **Example:** Male competitors will register for Brothers Qur'an Memorization Level 1, and female competitors will register for Sisters Qur'an Memorization Level 1.
3. The levels of this competition are as follows:

Level 1	Surahs 1, 87-114
Level 2	Surahs 78-86 (in addition to all Surahs in Level 1)
Level 3	Surah 36, 55, 56 AND choice of Surah 12, 18, 19, 20 (in addition to all Surahs in Levels 1 and 2)

## Procedures:

1. Competitors will be expected to memorize the portion of the Qur'an relevant to their level in Arabic and be able to recite from memory fluently. *Hafs* (on the authority of Asim) is the default recitation style.
2. The judge will select three (3) separate passages from any of the Surahs relevant to the student's level.
  - a. **EXAMPLE:** If a competitor is registered for Level 1, the judge will select any three (3) passages from Surahs 1 and/or 87-114. The competitor should be prepared to recite from any of the Surahs listed within that specific level.
3. For Levels 2 and 3, the competitor may be asked to recite a passage from the level they registered for, or from the previous level.
  - a. **EXAMPLE:** If a competitor is registered for Level 2, the judge may ask the competitor to recite a passage from Level 2 and/or Level 1.
4. Judges will prompt the competitor by reading a portion of a verse, and the competitor will be expected to continue the recitation until motioned to stop. Judging will be based on the three (3) separate passages.

## Point Deductions:

1. If the competitor is unable to continue reciting a passage after five (5) seconds of silence, the judge may read a word (or a few words) to help the competitor continue reciting. Point deductions in this case will be conducted as follows:
  - a. If the competitor repeats the verse before being prompted from a judge and is able to continue reciting without help, no points will be deducted.
  - b. If the judge reminds the competitor of the beginning of the current verse, which helps the competitor to start the verse over and continue reciting, one (1) point will be deducted.
  - c. If the competitor is still unable to continue, the judge may remind the competitor of the next word(s). Two (2) points will be deducted each time the judge has to remind the competitor of the next word(s).
  - d. If the competitor is unable to continue reciting a passage from memory after three (3) failed attempts, the judge may ask the competitor to proceed to the next passage, forfeiting the remaining portion of memorization points for that passage.
2. Judges are expected to wait until the end of a verse or five (5) seconds after a mistake (whichever is greater) before signaling the competitor that a mistake was made. Point deductions in this case will be conducted as follows:
  - a. If the mistake is corrected by the student immediately (within five (5) seconds or before continuing with the next verse) without being prompted in any way by the judge, one (1) point will be deducted.
  - b. If a student does not self-correct, the judge should audibly tap their pen to indicate a mistake and allow the student a chance to recite the verse once more. If the mistake is corrected on the second reading of a verse,

two (2) points will be deducted.

- c. If a mistake is not corrected on the second reading of a verse, a judge may recite the correction. The student may ask the judge for clarification. If the student correctly fixes the mistake by reciting the correction from the judge, three (3) points will be deducted.
  - d. If the competitor is unable to fix the mistake after prompting by the judges, the mistake will be noted on the ballot with five (5) points deducted for minor mistakes and ten (10) points for major mistakes. If the mistake is in pronunciation and not in memorization, the mistake will be ignored if it recurs later so that each type of pronunciation mistake is only penalized once.
3. Mistakes are summarized as follows:
- a. Minor Mistakes
    - i. **Heavy vs. Light** - To overlook the rules of tafkheem and tarqeeq only when reciting the name of Allah and the letter Ra
    - ii. **Ghunnah** - Not to adhere to the the rules of izhaar, idghaam, iqlaab, ikhfaa, etc. in their respective places
    - iii. **Prolongation** - Not to prolong / stretch a letter when madd is present
  - b. Major Mistakes
    - i. **Incorrect Makhraj or Sifat** - Not to pronounce letters from the correct place of articulation and their respective qualities, including *qalqala*, etc
    - ii. **Addition** - To add on letters to words, or add entire words
    - iii. **Omission** - To leave off letters from words, or leave out entire words
    - iv. **Replacement** - To replace a letter for another, or replace entire words
    - v. **Change Harakah** - To change the *fat'ha*, *dhamma*, or *kasra*
    - vi. **To replace Harakah with Sukoon and vice versa** - To replace a *fat'ha*, *dhamma*, or *kasra* with a *saakin* and vice versa

#### Competition Logistics:

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. All competitors will be judged. Competitors will report to the competition room at the same time, which will be designated in the competition schedule.
4. The performance will be judged according to the Qur'an Memorization Ballot.

# QUR'AN MEMORIZATION BALLOT

Unable to Continue		Mistakes	
Reminder of beginning of verse from judge	-1 point	Self-correction without being prompted	-1 point
Continuation of verse by judge	-2 points	Self-correction with audible tap	-2 points
Unable to continue at all	-20 points	Self-correction with recitation	-3 points
-----		Minor mistake not corrected	-5 points
-----		Major mistake not corrected	-10 points

	Mistakes & Tallies	Subtotal
Passage 1 Memorization		_____ / 20 points
Passage 1 Pronunciation		_____ / 10 points
Passage 2 Memorization		_____ / 20 points
Passage 2 Pronunciation		_____ / 10 points
Passage 3 Memorization		_____ / 20 points
Passage 3 Pronunciation		_____ / 10 points

Total \_\_\_\_\_ / 90 Points

Overall Judges Comments and Feedback

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# QUR'AN RECITATION

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

## Registration Requirements:

1. No more than four (4) students from each school may register for this competition. (i.e. up to 4 brothers and 4 sisters).
2. Each student will compete individually, so collaboration is not permitted.

## Procedures:

1. There are no levels for this competition - the entirety of the Qur'an is part of the testable material.
2. The focus of the competition is Qur'an recitation and tajweed, NOT memorization.
3. Judging will be based on 3 separate passages from any part of the Qur'an. Each passage will be about 20 verses long.
4. Judges will tell the competitor where to start the recitation and where to stop. Competitors will be expected to recite the selected passages during their time.
5. A competitor's turn will include:
  - a. Recitation of 3 separate passages.
  - b. In addition to being scored on the pronunciation (Tajweed) during the recitation of the 3 passages, competitors will also be tested on basic Tajweed rules for the final 10 points.
    - i. For these final 10 points, competitors will be indicated to any verse in a copy of the Qur'an and they will be expected to identify as many rules as possible, such as the place of articulation of letters, the respective qualities of letters, nasal sounds, type of elongation (madd), etc. Competitors will not be expected to have an extensive knowledge on the laws of Tajweed.

## Point Deductions:

1. Minor Mistakes: Minor mistakes made and not self-corrected will result in a loss of five (5) points.
  - a. **Heavy vs. Light** - To overlook the rules of tafkheem and tarqeeq only when reciting the name of Allah and the letter Ra
  - b. **Ghunnah** - Not to adhere to the the rules of izhaar, idghaam, iqlaab, ikhfaa, etc. in their respective places
  - c. Prolongation - Not to prolong / stretch a letter when madd is present
2. Major Mistakes: Major mistakes made and not self-corrected will result in a loss of ten (10) points.
  - a. **Incorrect Makhraj or Sifat** - Not to pronounce letters from the correct place of articulation and their respective qualities, including qalqala, etc
  - b. **Addition** - To add on letters to words, or add entire words
  - c. **Omission** - To leave off letters from words, or leave out entire words
  - d. **Replacement** - To replace a letter for another, or replace entire words
  - e. **Change Harakah** - To change the fat'ha, dhamma, or kasra
  - f. **To replace Harakah with Sukoon and vice versa** - To replace a fat'ha, dhamma, or kasra with a saakin and vice versa
  - g. If a mistake is made but is self-corrected, the competitor will lose 1 point.

## Competition Logistics:

1. This competition will be conducted in-person and all competitors will be judged.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. All competitors will report to the competition room at the same time, which will be designated in the competition schedule.



# QUR'AN RECITATION BALLOT

Self-correction -1 point

Minor mistake not corrected -5 points

Major mistake not corrected -10 points

	Mistakes & Tallies	Subtotal
Passage 1 Recitation		_____ / 15 points
Passage 1 Tajweed		_____ / 15 points
Passage 2 Recitation		_____ / 15 points
Passage 2 Tajweed		_____ / 15 points
Passage 3 Recitation		_____ / 15 points
Passage 3 Tajweed		_____ / 15 points

Tajweed Rules  
Points

\_\_\_\_\_ / 10

Total  
Points

\_\_\_\_\_ / 100

Overall Judges Comments and Feedback

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# CATEGORY II: ART

## **2D Art:**

Are you an aspiring painter? Do you doodle more than writing notes in class? Put your inspiration on canvas with the 2D art competition!

## **3D Art:**

Think you have what it takes to be the next great sculptor? Is clay your ultimate inspiration? Show us your skills in the 3D art competition.

## **Fashion Design:**

You don't just love fashion, you design it! Get inspired by the MIST theme to become the next fashion phenomenon.

## **Graphic Design:**

If you're the Photoshop or Illustrator whiz that everyone goes to for event flyers, the graphic design competition is for you. Pixelate away!

## **Photography:**

Not only do you carry around your camera with you all the time, but you see everything as an opportunity for the perfect photo. Those other artists, yeah, they're cool - but you prefer a lens and the dark room for your creative pursuits.

# 2D ART

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

1. Artwork
2. Written Artist Statement (3 hard copies, 500 words max)

**Registration Requirements:**

1. No more than four (4) students from each school can register for this competition.
2. This competition is NOT a team effort. Each competitor must turn in a separate piece of work.

**Procedures:**

1. Submission must be two-dimensional (examples: painting, drawing, etc.). Competitors can create the illusion of depth, but the artwork must be two-dimensional.
2. Acceptable mediums for artwork include, but are not limited to: watercolor, oil, crayon, mixed mediums, chalk, pastels, charcoal, etc.
3. Artwork should avoid realistic, representational rendering of lifelike human or animal form. Therefore, fully defined facial, skeletal, or muscular features are not permitted. If in doubt, contact your Regional Headquarters.
  - a. **EXAMPLE:** For drawing a general picture of a squirrel, do not draw a detailed image of the adorable facial expressions when it comes across a good acorn.
4. Artwork must relate to the overall MIST Theme.
5. Artwork must be mounted with a 1" to 2" border. Suggestions for mounting include: poster board, mat board and illustration board. Affix artwork to the mounting material with spray glue or tape. Do not use staples, paper clips, or any glue that could seep through and damage the artwork. Do not use cardboard for mounting artwork. Artwork should NOT be rolled or folded.
6. No more than \$100 can be spent on supplies.
7. A written Artist Statement (3 hard copies, 500 words max) must be submitted to explain the piece. The statement is to include what the artwork is about and what inspired the competitor to make it. Interview questions from Section D of the Detailed Ballot may also be addressed.
8. The artwork and written Artist Statement must include the competitor's MIST ID. Do NOT include your own name anywhere on the submissions.

**Competition Logistics:**

1. This competition will be conducted in-person\*.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on artwork and artist statement) will be interviewed. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
3. The interview will be conducted in-person\*. The interview will consist of the judge asking specific questions in order for the competitor to describe the purpose and inspiration of their artwork. The interview questions can be found in Section D of the 2D Art Detailed Ballot.
4. The artwork, artist statement, and interview will be judged according to the 2D Art Detailed Ballot.

**\*NOTE:** 2D Art competitors are eligible to opt for an online interview. In the case of scheduling an online interview, 2D Art submissions (artwork and artist statement) must still be physically delivered to the site of the tournament, in time for registration. Contact your Regional Headquarters to schedule an online interview.

# DETAILED BALLOT: 2D ART

## Section A: Technical

Points: 5

- Presenter(s) on time for interview.
- The presenter(s) look credible and are dressed for an interview.
- Length of written statement does not exceed one page (500 words).
- Submission meets required formatting guidelines (see rules).

## Section B: Production Quality

Points: 30

### *Purpose*

- Evidence of the student's effort to achieve the stated purpose. Design meets the stated purpose and fulfills the intent of the artwork.
- Artwork clearly communicates a story or statement.
- Work integrates expression, organization, technique and MIST's theme through evaluation and revision.

### *Skill and Technique*

- Media selection effectively enhances the design and the student chooses and controls media and tools effectively to enhance the appearance of the work.
- Artwork shows superior level of skills in the production of the work and execution of each technique and component is done in the superior manner.
- Design required time and patience and was difficult to execute.

## Section C: Presentation Quality

Points: 40

### *Aesthetics and Design*

- Visual balance, composition and layout enhance the overall beauty of the artwork.
- Work features a recognizable center of interest in relation to the theme.
- The selected colors enhance or complement the subject matter.
- The Artwork makes use of elements and principles of art (shape, color, texture, flow, composition) effectively.
- Artwork makes a visual impact and stands on its own as a complete work of art.

### *Creativity*

- Expression is unique and fully developed to present fresh concepts in imaginative and inventive ways
- Work breaks new ground in communicating the message.

## Section D: Application of Theme

Points: 25

Please ask the following questions to gauge the competitor's understanding of the theme and how it was expressed in their work. Then proceed to scoring.

1. How did you aim to convey this year's theme in your work? In what ways does your artwork represent your individual point of view, imagination, creativity, and individuality?
2. Explain your purpose in developing this artwork and describe how you achieved that goal. Describe any influences from art history, artists, or art periods or styles that contributed to the development of this artwork.
3. What elements or principles of art did you use, and how did you select and organize the visual aspects of this work?

### *Application of Theme*

- There is a strong, clearly evident relevance to the theme.
- The theme is expressed in a unique or outstanding way.
- Purpose of the artwork is clearly articulated and shows evidence of reflection and/or research.
- Elements and principles of art are clearly articulated and student shows evidence of careful selection and organization of these elements and principles.



# 3D ART

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

- 3D artwork
- Artist Statement (3 hard copies, 500 words max)

**Registration Requirements:**

1. No more than four (4) students from each school can register for this competition.
2. This competition is NOT a team effort. Each competitor must turn in a separate piece of work.

**Competition Criteria:**

1. All submissions must be three-dimensional.
  - a. **NOTE:** 3D artwork should be sturdy. Judges are looking for artwork that is well put together. Please note that your artwork may be moved around on several occasions, therefore it should be robust enough to handle these multiple moves.
2. Each competitor must provide a written artist statement for their 3D artwork explaining what the artwork is about and what inspired the competitor to create it. The written Artist Statement must not exceed a total of 500 words, and three (3) hard copies must be submitted at registration.
3. Artwork must relate to the overall MIST Theme.
4. Artwork should avoid realistic, representational rendering of lifelike human or animal form. Therefore, fully defined facial, skeletal, or muscular features are not permitted. If in doubt, contact your Regional Headquarters.
5. No more than \$100 can be spent on supplies.

**How to Submit:**

1. Competitors must submit their 3D Art submissions on site at registration.
2. Bring three (3) hard copies of a written Artist Statement at registration:
  - a. One (1) copy of the written Artist Statement must be attached to the back of the 3D Art submission.
  - b. Two (2) copies of the written Artist Statement must be submitted during on-site registration upon arrival.
3. The 3D artwork AND written Artist Statement should be clearly labeled with the following:
  - MIST ID (do NOT include your name)
  - Name of Competition

**Competition Logistics:**

1. This competition will be conducted in-person\*.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on artwork and artist statement) will be interviewed. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
3. The interview will be conducted in person\*. The interview will consist of the judge asking specific questions in order for the competitor to describe the purpose and inspiration of their artwork. Interview questions can be found in Section D of the 3D Art Detailed Ballot.
4. The artwork, artist statement, and interview will be judged according to the 3D Art Detailed Ballot.

**\*NOTE:** 3D Art competitors are eligible to opt for an online interview. In the case of scheduling an online interview, 3D Art submissions (artwork and artist statement) must still be physically delivered to the site of the tournament, in time for registration. Contact your Regional Headquarters to schedule an online interview.



# DETAILED BALLOT: 3D ART

## Section A: Technical

Points: 5

- Presenter(s) on time for interview.
- The presenter(s) look credible and are dressed for an interview.
- Length of written statement does not exceed one page (500 words).
- Submission meets required formatting guidelines (see rules).

## Section B: Production Quality

Points: 30

### *Purpose*

- Evidence of the student's effort to achieve the stated purpose. Design meets the stated purpose and fulfills the intent of the artwork.
- Artwork clearly communicates a story or statement.
- Work integrates expression, organization, technique and MIST's theme through evaluation and revision.

### *Skill and Technique*

- Media selection effectively enhances the design and the student chooses and controls media and tools effectively to enhance the appearance of the work.
- Artwork shows superior level of skills in the production of the work and execution of each technique and component is done in the superior manner.
- Design required time and patience and was difficult to execute.

## Section C: Presentation Quality

Points: 40

### *Aesthetics and Design*

- Visual balance, composition and layout enhance the overall beauty of the artwork.
- Work features a recognizable center of interest in relation to the theme.
- The selected colors enhance or complement the subject matter.
- The Artwork makes use of elements and principles of art (shape, color, texture, flow, composition) effectively.
- Artwork makes a visual impact and stands on its own as a complete work of art.

### *Creativity*

- Expression is unique and fully developed to present fresh concepts in imaginative and inventive ways
- Work breaks new ground in communicating the message.

## Section D: Application of Theme

Points: 25

Please ask the following questions to gauge their understanding of the theme and how it was expressed in their work. Then proceed to scoring.

1. How did you aim to convey this year's theme in your work? In what ways does your artwork represent your individual point of view, imagination, creativity, and individuality?
2. Explain your purpose in developing this artwork and describe how you achieved that goal. Describe any influences from art history, artists, or art periods or styles that contributed to the development of this artwork.
3. What elements or principles of art did you use, and how did you select and organize the visual aspects of this work?

### *Application of Theme*

- There is a strong, clearly evident relevance to the theme.
- The theme is expressed in a unique or outstanding way.
- Purpose of the artwork is clearly articulated and shows evidence of reflection and/or research.
- Elements and principles of art are clearly articulated and student shows evidence of careful selection and organization of these elements and principles.



# FASHION DESIGN

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

1. Portfolio
2. Artist Statement (3 hard copies, 500 words max)

**Registration Requirements:**

1. No more than four (4) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted. Each competitor must turn in a separate piece of work.

**Procedures:**

1. Each competitor must submit a portfolio of their collection and three (3) copies of their Artist Statement.
2. The portfolio must:
  - a. Include a total of six (6) outfit designs in either one of the following combinations:
    - i. **Combination 1:** Three (3) complete adult female outfits AND three (3) complete adult male outfits.
    - ii. **Combination 2:** Six (6) complete male outfits OR six (6) complete female outfits.
3. Have a cover or presentation case.
4. Include a cover page that contains the competitor's MIST ID and the name of the competition. If the competitor's name appears anywhere on the artwork, points will be deducted.
5. Include a philosophy page that explains how the competitor drew inspiration from the MIST theme to compose their designs and form a collection.
6. Include a "mood" or "inspiration" page of the images that inspired the competitor's collection.
7. Include a page of color palettes and images of fabric swatches that inspired the competitor's collection.
8. All designs must be modest in nature while exuding creativity. The designs must inspire comfort, confidence, and dignity.
9. These six (6) designs must include:
  - a. One (1) 5"x7" -- 8.5"x11" illustration of each design as a worn outfit, in color, matted and mounted on heavy paper or poster board enclosed in an 8.5"x11" page protector to protect the design. The illustration cannot be smaller than 5" x 7". (see example of worn outfits)
  - b. Two (2) flat design sketches (working/detail sketches) for each worn outfit, for example: front and back. These flats should be in black and white so the details can be seen easily. (see example of flat)
  - c. Description and sewing notes. Include in this section details that are hard to see or identify in your design illustration and/or sketches (see example of call outs on flat).
  - d. The illustration is to be clean. Colored pencils, charcoal, pastels, watercolor, colored pen/ink, or crayons may be used (see sample flat).
  - e. Competitors can gain extra points by providing extra design items such as shoes, accessories: pins, jewelry, etc. (outfits can be designed with shoes; however, outfits without shoes will NOT be disqualified).
  - f. Competitors must provide a common feature within a set such as similar buttons, similar colors, etc. Competitors are encouraged to be original in all their designs.
  - g. It is recommended to use a sturdy portfolio that has all required items securely attached.
10. The Artist Statement must:
  - a. Not exceed 500 words.
  - b. Describe the purpose and inspiration behind the collection of outfits.
  - c. Include the competitor's MIST ID and name of this competition. If the competitor's name appears anywhere on the artwork, points will be deducted.

**Competition Logistics:**

1. This competition will be conducted in-person\*.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on the portfolio and artist statement) will be interviewed. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
3. The interview will be conducted in-person\*. Competitors should be ready to explain any details, parts, and characteristics in the design that are outstanding or unusual. Judges will also ask competitors what they think makes their designs different from others in the market.
4. The portfolio, artist statement, and interview will be judged according to the Fashion Design Detailed Ballot.

**\*NOTE:** Fashion Design competitors are eligible to opt for an online interview. In the case of scheduling an online interview, Fashion Design submissions (portfolio and artist statement) must still be physically delivered to the site of the tournament, in time for registration. Contact your Regional Headquarters to schedule an online interview.

# DETAILED BALLOT: FASHION DESIGN

## Section A: Technical

Points: 5

- Participant is on time for interview.
- The participant looks credible and is dressed for an interview.
- Submission meets required formatting guidelines (see rules).
- Portfolio includes six (6) full outfits.

## Section B: Production Quality

Points: 30

### Overall

- There is a common theme/feature across the collection.
- Portfolio is well organized, neat and professional.
- Description and sewing notes are thorough when needed.

### Skill and Technique

- The student chooses and controls media and tools effectively to enhance the appearance of the design.
- Portfolio shows superior level of skills in the production and execution of each design.
- Portfolio required time and patience, and was difficult to execute.

## Section C: Presentation Quality

Points: 40

### Aesthetics and Design

- Interesting seams and shapes in clothing.
- The selected fabrication (colors, prints, trims, etc.) enhances or complements the fashion designs while remaining cohesive.
- Designs inspire comfort, confidence and sense of dignity.
- Designs appear to be possible to construct/are functional.
- All elements work together to create a unified design and the total effect is please to the eye while still enhancing the design.

### Creativity

- Expression is unique and fully developed to present fresh concepts in imaginative ways.
- Designs are creative while maintaining a modest nature.

## Section D: Application of Theme

Points: 25

Please ask the following questions to gauge their understanding of the theme and how it was expressed in their work. Then proceed to scoring.

1. How did you aim to convey this year's theme in your work? In what ways does your artwork represent your individual point of view, imagination, creativity, and individuality?
  2. Explain your purpose and inspiration in developing these designs and describe how you achieved that goal. Describe any influences.
  3. What design details and characteristics did you use, and how did you select and organize these in your work?
  4. What makes your designs unique from others in the market?
- There is a strong, clearly evident relevance to the theme.
  - The theme is expressed in a unique or outstanding way.
  - Purpose and inspiration of designs are clearly articulated and shows evidence of reflection and/or research.
  - Design elements and principles of art are clearly articulated and student shows evidence of careful selection and organization of these elements and principles.

# EXAMPLE FASHION DESIGN PORTFOLIO

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Example of portfolio case: front and back image of a large envelope.

## Philosophy/Theory, Inspiration Image, Fabric Swatches/or Color Palette





# EXAMPLE FASHION DESIGN PORTFOLIO

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## 6 Complete Looks:



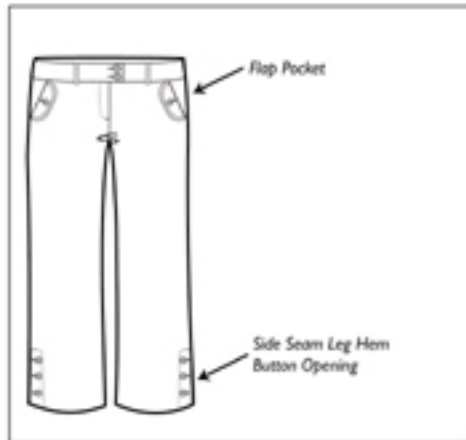
## Hand Drawn Flats:



# EXAMPLE FASHION DESIGN PORTFOLIO

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Example of flats done on illustrator:



Example of flat with "call outs" on garment details/construction





# GRAPHIC DESIGN

## **Format:** ONLINE

### **Early Submission Requirements:** Two-Week Early Submission

1. Artwork (JPG, TIFF, GIF, PNG format)
2. Artist Statement - Video Statement (7-min max; unlisted Youtube/Vimeo link submitted in a PDF file) OR Written Statement (500 words max; PDF format)

### **On-Site Submission Requirements:** N/A

## **Registration Requirements:**

1. No more than four (4) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted. Each competitor must turn in a separate piece of work.

## **Procedures:**

1. Competitors should ONLY use software to generate any artwork for this competition.
2. Artwork must reflect on this year's theme.
3. Artwork should avoid realistic, representational rendering of lifelike human or animal form. If in doubt, contact your Regional Headquarters.
4. Artwork should not be animated.
5. All artwork should be submitted in JPG, TIFF, or GIF format.
6. An Artist Statement must be submitted to explain the piece. The Artist Statement may be a Video Statement (max duration: seven (7) mins) or Written Statement (max word limit: 500 words) to explain the piece:
  - i. A Video Statement must be an unlisted Youtube/Vimeo link submitted in a PDF file along with the piece.
  - ii. A Written Statement must be submitted as a PDF file along with the piece.

## **How to Submit:**

1. Submissions must be made through the MyMIST portal.
2. The MyMIST portal only accepts one submission file. For uploading multiple files, all files must be put together into a zip file, and the zip file can be uploaded into the portal.
3. Submissions must be submitted by the early submission deadline. This includes the artwork and the Artist Statement. Any submissions following the early submission deadline will NOT be accepted.
4. All submissions must include the competitor's MIST ID on all file names. Do NOT include your own name anywhere on the submissions.

## **Competition Logistics:**

1. This competition will be conducted online.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on artwork and artist statement) will be interviewed. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
3. Competitors will be contacted to schedule their online interviews.
4. The interview will be conducted online. The interview will consist of the judge asking specific questions in order for the competitor to describe the purpose and inspiration of their artwork.
5. The artwork, artist statement, and interview will be judged according to the Graphic Design Detailed Ballot.

# DETAILED BALLOT: GRAPHIC DESIGN

## Section A: Technical

Points: 5

- Presenter(s) on time for interview.
- The presenter(s) look credible and are dressed for an interview.
- Length of written statement does not exceed one page (500 words).
- Submission meets required formatting guidelines (see rules).

## Section B: Production Quality

Points: 30

### Purpose

- Evidence of the student's effort to achieve the stated purpose. Design meets the stated purpose and fulfills the intent of the artwork.
- Artwork clearly communicates a story or statement.
- Work integrates expression, organization, technique and MIST's theme through evaluation and revision.

### Skill and Technique

- Media selection effectively enhances the design and the student chooses and controls media and tools effectively to enhance the appearance of the work.
- Artwork shows superior level of skills in the production of the work and execution of each technique and component is done in the superior manner.
- Design required time and patience and was difficult to execute.

## Section C: Presentation Quality

Points: 40

### Aesthetics and Design

- Visual balance, composition and layout enhance the overall beauty of the artwork.
- Work features a recognizable center of interest in relation to the theme.
- The selected colors enhance or complement the subject matter.
- The Artwork makes use of elements and principles of art (shape, color, texture, flow, composition) effectively.
- Artwork makes a visual impact and stands on its own as a complete work of art.

### Creativity

- Expression is unique and fully developed to present fresh concepts in imaginative and inventive ways
- Work breaks new ground in communicating the message.

## Section D: Application of Theme

Points: 25

Please ask the following questions to gauge their understanding of the theme and how it was expressed in their work.

1. How did you aim to convey this year's theme in your work? In what ways does your artwork represent your individual point of view, imagination, creativity, and individuality?
2. Explain your purpose in developing this artwork and describe how you achieved that goal. Describe any influences from art history, artists, or art periods or styles that contributed to the development of this artwork.
3. What elements or principles of art did you use, and how did you select and organize the visual aspects of this work?

Then proceed to scoring.

- There is a strong, clearly evident relevance to the theme.
- The theme is expressed in a unique or outstanding way.
- Purpose of the artwork is clearly articulated and shows evidence of reflection and/or research.
- Elements and principles of art are clearly articulated and student shows evidence of careful selection and organization of these elements and principles.





# PHOTOGRAPHY

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

1. Portfolio
2. Written Artist Statement (3 hard copies, 500 words max)

## **Registration Requirements:**

1. No more than four (4) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted. Each competitor must turn in a separate piece of work.

## **Procedures:**

1. A minimum of three (3) and a maximum of five (5) photographs must be submitted as part of the photography portfolio.
2. The photographs must carry a coherent theme or style to showcase the photographer's skill.
3. Photographs must be the competitor's own work from beginning to end, including taking the pictures. Photographs must be taken exclusively for this competition (pictures from previous years may not be used).
4. The photographs must reflect on this year's MIST theme.
5. Photographs may be of any inanimate OR animate object.
6. Photographs may NOT be digitally modified beyond standard optimization (removal of dust, cropping, minor adjustments to exposure, color and contrast, etc.).
7. Photographs must be bound in some way to reflect a portfolio. Binding options may include, but are not limited to, vinyl folders, sleeves in binders, etc. Do not use staples, paper clips or rubber bands that may damage the artwork. Do not use cardboard for mounting artwork and do not use any frames.
8. Photographs should be printed on high quality, photographic paper.
9. Photographs should not be rolled or folded.
10. The pictures must each be a minimum of 8×10 or larger.
11. No more than \$100 can be spent on supplies.
12. Three (3) hard copies of a written Artist Statement (500 words max) must be submitted to explain the piece. The statement is to include what the artwork is about and what inspired the competitor to make it.
13. Portfolio and written Artist Statement must include the competitor's MIST ID. Do NOT include your own name anywhere on the submissions.

## **Competition Logistics:**

1. This competition will be conducted in-person\*.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on portfolio and artist statement) will be interviewed. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
3. The interview will be conducted in-person\*. The interview will consist of the judge asking specific questions in order for the competitor to describe the purpose and inspiration of their photographs.
4. The artwork, artist statement, and interview will be judged according to the Photography Detailed Ballot.

**\*NOTE:** Photography competitors are eligible to opt for an online interview. In the case of scheduling an online interview, Photography submissions (portfolio and artist statement) must still be physically delivered to the site of the tournament, in time for registration. Contact your Regional Headquarters to schedule an online interview.

# TIPS FROM THE JUDGES:

1. Stick to the theme when you are planning your picture. Do not go through your pictures, find one that you like, and think of how it can relate to the theme; don't fall into this trap! More than likely your photograph will lack creativity and originality and you will lose points on that basis. A better way to approach this is to have the theme in front of you and jot down a few ideas that you think would be relative to the theme. After you have several ideas down pick two or three that you really like and are excited about, and go on from there. Using the latter approach will give your photograph a more original and personal touch.
2. Make sure that you take the picture yourself. All work (taking the photograph, etc) from the beginning to the end must be your original work.
3. Don't forget to include a written explanation of the photograph. It does not have to be long or eloquent; just make it concise, simple, and to the point.
4. Make sure that you matte your photograph. The simplicity of the matting will allow your photograph to speak for itself.
5. Remember that enlarging a picture may cause it to become grainy and to lose detail. Keep the quality of your picture in mind when you consider enlarging it.
6. When taking your photograph, consider different angles, heights, and other variations. Take several shots, so that you can choose which one will work best.

# DETAILED BALLOT: PHOTOGRAPHY

## Section A: Technical

Points: 5

- Presenter(s) on time for interview.
- The presenter(s) look credible and are dressed for an interview.
- Length of written statement does not exceed one page (500 words).
- Submission meets required formatting guidelines (see rules).

## Section B: Production Quality

Points: 30

### Purpose

- Evidence of the student's effort to achieve the stated purpose. Design meets the stated purpose and fulfills the intent of the artwork.
- Artwork clearly communicates a story or statement.
- Work integrates expression, organization, technique and MIST's theme through evaluation and revision.

### Skill and Technique

- Media selection effectively enhances the design and the student chooses and controls media and tools effectively to enhance the appearance of the work.
- Artwork shows superior level of skills in the production of the work and execution of each technique and component is done in the superior manner.
- Design required time and patience and was difficult to execute.

## Section C: Presentation Quality

Points: 40

### Aesthetics and Design

- Visual balance, composition and layout enhance the overall beauty of the artwork.
- Work features a recognizable center of interest in relation to the theme.
- The selected colors enhance or complement the subject matter.
- The Artwork makes use of elements and principles of art (shape, color, texture, flow, composition) effectively.
- Artwork makes a visual impact and stands on its own as a complete work of art.

### Creativity

- Expression is unique and fully developed to present fresh concepts in imaginative and inventive ways
- Work breaks new ground in communicating the message.
- Photographs have a coherent theme or style.

## Section D: Application of Theme

Points: 25

Please ask the following questions to gauge their understanding of the theme and how it was expressed in their work.

1. How did you aim to convey this year's theme in your work? In what ways does your artwork represent your individual point of view, imagination, creativity, and individuality?
2. Explain your purpose in developing this artwork and describe how you achieved that goal. Describe any influences from art history, artists, or art periods or styles that contributed to the development of this artwork.
3. What elements or principles of art did you use, and how did you select and organize the visual aspects of this work?

Then proceed to scoring.

- There is a strong, clearly evident relevance to the theme.
- The theme is expressed in a unique or outstanding way.
- Purpose of the artwork is clearly articulated and shows evidence of reflection and/or research.
- Elements and principles of art are clearly articulated and student shows evidence of careful selection and organization of these elements and principles.



# CATEGORY III: WRITING AND ORATORY

## **Extemporaneous Speaking:**

The art of extemporaneous speaking is not for the faint-hearted. Delivering a coherent, engaging, and moving speech, is easy enough, right? Now try doing that on the spot with only 15 minutes of preparation!

## **Original Oratory:**

Competitors present a memorized original oration within a seven (7) minute period. The oration must relate back to the theme, but also be applicable to a general audience.

## **Creative Writing:**

Competitors express themselves in a written format through personal narratives, short stories, and poetry.

## **Spoken Word:**

If you're more of the performer type of a poet, then spoken word is for you! Here's your chance to convey your passion and originality, all while inspiring those around you.

# EXTEMPORANEOUS SPEAKING

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

## **Registration Requirements:**

1. No more than four (4) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted.

## **Procedures:**

1. Out of three randomly selected topics presented at the time of competition, students must choose one topic for their speech.
  - a. The topics will be relevant to the annual theme and will be phrased in the form of a question. Topics will not necessarily require reference materials, but will require an understanding of contemporary issues affecting Muslims domestically and internationally.
  - b. Participants may, if they choose, use references (books, the Quran, etc.) If any reference is used, the participant **MUST** cite the reference during his or her speech. **NO** references will be provided by MIST. The use of reference material is optional.
  - c. Example topic: Does a significant rift exist between African-American Muslims and immigrant Muslim communities?
2. Fifteen (15) minutes before the competition is to begin, the first competitor shall draw three (3) topics, choose one (1), and return the others. The next competitors shall draw in the same manner, in their speaking order, at seven (7)-minute intervals. A competitor drawing a topic on which he has spoken previously in the tournament shall return that topic and draw again.
3. Once a competitor has chosen a topic, they may neither change nor alter that topic.
4. After the competitor has chosen a topic, they shall withdraw to the preparation area and have fifteen (15) minutes to plan their speech without conferring or exchanging information with anyone.
  - a. No prepared notes or outlines will be allowed in the preparation area. Reference to books, magazines and a bibliographical file is permitted. No visual aids may be used in the delivery of the speech.
5. Time limit is seven (7) minutes maximum with a thirty (30)-second grace period. Violation of this rule will result in the competitor being ranked last in the round when visible time signals have been given by the judge or by the authorized timekeeper.
6. A note card may be used in preliminary rounds of invitational qualifying tournaments but is not permitted in any elimination rounds of these tournaments.
7. Electronic device usage is not permitted during the competition.

## **Competition Logistics:**

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. All competitors will report to the competition room at the same time, which will be designated in the competition schedule.
4. Depending on the number of students who sign up for this event, the competition might be conducted in a series of rounds, with only the top competitors advancing to subsequent rounds.
5. The performance will be judged according to the Extemporaneous Speaking Detailed Ballot.

# DETAILED BALLOT: EXTEMP. SPEAKING

**NOTE:** Students do NOT have to use references. If they do use references, they may be rewarded 2 points. However, if a student uses references and does NOT cite them, DEDUCT 3 points.

## Section A: Technical Points: 10

- Participant is on time for the competition.
- Did the speech last less than seven minutes? If yes, did it end before the 30 second grace period finished?
- The participant gives no identifiers aside from their MIST ID.
- Participant looks credible and dressed for an interview.

## Section B: Content

### Introduction Points: 10

- Did the speaker get the audience's attention?
- Was the topic clearly stated/addressed?
- Did the speaker preview and give focus to the key ideas?

### Body Points: 15

- Was adequate time devoted to each division within the seven minute time limit?
- Was there a logical progression of ideas?

### Conclusion Points: 10

- Did the speaker tie the speech together?
- Was the answer to the question clear?
- Was there a note of finality?

## Section C: Presentation

### Analysis and Content Points: 15

- Did the speaker answer the question?
- Was the content informative?
- Was there sufficient use of logic, facts, examples, and/or expert opinion?
- Was the information pertinent to the selected topic?

### Delivery Points: 15

- Was the delivery natural, lively, and spontaneous?
- Was enunciation clear? Was volume appropriate?
- Was there sufficient variety in rate, pause, and pitch?
- Did the speaker exhibit poise and confidence?
- Were gestures varied, movement motivated, and eye contact direct?

### Language Points: 15

- Did the speaker exhibit command of conversational style?
- Was the language precise, grammatically correct, and vivid?

### Overall Ranking Points: 10

After the perusing of the extemporaneous speaking content, performance, and interview, rate the entire experience from 1 to 10.

- 1 being very poor (no organization, intonation, or relation to the theme)
- 4 to 6 being average
- 10 being exceptional (memorable performance, sound understanding of the theme, exceptional extemporaneous speech content).





# ORIGINAL ORATORY

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

1. Three (3) copies of the script must be turned in at registration

**Registration Requirements:**

1. No more than four (4) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted.

**Procedures:**

1. The competitor must provide three (3) hard copies of his/her script to be turned in during the competition orientation. MIST will not photocopy any scripts. Competitors must come prepared with their copies. The competitor must compete with the script that is submitted.
  - a. Scripts must be labeled with the MIST ID ONLY. The competitor name must not appear anywhere on the work.
2. The oration must be truthful. Any non-factual reference, especially a personal one, must be identified as such.
3. The oration may not contain more than 150 words of quoted material. Extensive paraphrasing from other sources is prohibited. Competitors caught plagiarizing or extensively paraphrasing will be disqualified.
4. No visual aids may be used in the delivery of the oration.
5. A competitor holding a manuscript or notes will be ranked last.
6. Time limit will be seven (7) minutes maximum with a thirty (30)-second grace period. Violation of this rule will result in the competitor being ranked last in the round when visible time signals have been given by the judge or by the authorized timekeeper.
7. Electronic device usage is not permitted during the competition.

**Competition Logistics:**

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. All competitors will report to the competition room at the same time, which will be designated in the competition schedule.
4. The presentation will be judged according to the Original Oratory Detailed Ballot.

# DETAILED BALLOT: ORIGINAL ORATORY

## Section A: Technical

Points: 10

- Participant is on time for the competition.
- Did the speech last less than seven minutes? If yes, did it end before the 30 second grace period finished?
- The participant gives no identifiers aside from their MIST ID.
- Participant looks credible and dressed for an interview.
- There are three (3) copies of the oration.

## Section B: Content

### Introduction

Points: 10

- Did the speaker get the audience's attention?
- Was the topic clearly stated/addressed?
- Did the speaker preview and give focus to the key ideas?

### Body

Points: 15

- Was adequate time devoted to each division within the seven minute time limit?
- Was there a logical progression of ideas?

### Conclusion

Points: 10

- Did the speaker tie the speech together?
- Was the answer to the question clear?
- Was there a note of finality?

## Section C: Presentation

### Analysis and Content

Points: 15

- Did the speaker answer the question?
- Was the content informative?
- Was there sufficient use of logic, facts, examples, and/or expert opinion?
- Was the information pertinent to the selected topic?
- Were the quotes cited properly?

### Delivery

Points: 15

- Was the delivery natural, lively, and spontaneous?
- Was enunciation clear? Was volume appropriate?
- Was there sufficient variety in rate, pause, and pitch?
- Did the speaker exhibit poise and confidence?
- Were gestures varied, movement motivated, and eye contact direct?

### Language

Points: 15

- Did the speaker exhibit command of conversational style?
- Was the language precise, grammatically correct, and vivid?

## Overall Ranking

Points: 10

After the perusing of the oratory content, performance, and interview, rate the entire experience from 1 to 10.

- 1 being very poor (no organization, intonation, or relation to the theme)
- 4 to 6 being average
- 10 being exceptional (memorable performance, sound understanding of the theme, exceptional extemporaneous speech content).



# CREATIVE WRITING

**Format:** ONLINE

**Early Submission Requirements:** Two-Week Early Submission

1. Creative Writing Piece (PDF)
2. Author's Statement - Video Statement (7-min max; unlisted Youtube/Vimeo link submitted in a PDF file) OR Written Statement (500 words max; PDF format)

**On-Site Submission Requirements:** N/A

**Registration Requirements:**

1. No more than six (6) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted.

**Procedures:**

1. Competitors are to submit any style or genres of a Creative Writing Piece within Personal Narrative, Short Fiction, or Poetry. One (1) must be chosen.
  - a. Personal Narrative: The telling of a life-event (non-fiction) through the lens of figurative language and expression
  - b. Short Fiction: A fictional event that is told in that same way
  - c. Poetry: Can be fiction or nonfiction
2. The Creative Writing Piece must include:
  - a. Title
  - b. Poetry may not exceed forty (40) lines, Personal Narrative and Short Fiction story may not exceed ten (10) pages
  - c. Typed, Times New Roman, 12-point font and double spaced (Poetry does not need to be double-spaced)
  - d. Labeled with the competitor's MIST ID and the title only. The competitor's name must not appear anywhere on the work.
3. The piece must clearly reflect upon any aspect of this year's theme.
4. The piece must be the original work of the competitor. Creative Writing Pieces must not have been published, self-published, published on a website or broadcast before January 2018.
5. An Author's Statement must be submitted to explain the piece.
  - a. The Author's Statement may be a Video Statement (max duration: four (4) mins) or Written Statement (max word limit: 500 words) to explain the piece.
    - i. A Video Statement must be an unlisted Youtube/Vimeo link submitted in a PDF file along with the piece.
    - ii. A Written Statement must be submitted as a PDF along with the piece.
  - b. The Author's Statement must address the following questions:
    - i. In what ways does your piece represent your individuality? What inspired or influenced you when writing your piece? Are there any subtleties in the piece you were wishing would come across to the audience without having to be explained? Do you feel you conveyed the theme well in your piece?

**How to Submit:**

1. Submissions must be made through the MyMIST portal.
2. The MyMIST portal only accepts one submission file. For uploading multiple files, all files must be put together into a zip file, and the zip file can be uploaded into the portal.
3. Submissions must be submitted by the early submission deadline. This includes the artwork and the Artist Statement. Any submissions following the early submission deadline will NOT be accepted.
4. All submissions must include the competitor's MIST ID on all file names. Do NOT include your own name anywhere on the submissions.

**Competition Logistics:**

1. This competition will be conducted online.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on the submission and video/written statement) will be contacted for interviews. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
3. Competitors will be contacted to schedule their online interviews.
4. The piece and the interview will be judged according to the Creative Writing Detailed Ballot.

# DETAILED BALLOT: CREATIVE WRITING

## Section A: Technical

Points: 10

- Submission is either a personal narrative, poem, or short fiction story.
- Entries should not include images, introductions, or special fonts.
- The participant gives no identifiers aside from their MIST ID.
- Submission does not exceed 10 (ten) pages for personal narrative and short fiction story, or 40 (forty) lines for a poem.

## Section B: Organization and Structure

Points: 20

### Conventions

Points: 5

- Is the submission mostly free of spelling mistakes?
- Is the submission mostly free of punctuation mistakes? (good grasp of conventions and uses them effectively; few minor errors that do not distract from readability or interfere with meaning)
- Is the submission mostly free of grammatical mistakes (correct verb and subject agreement; correct verb tense)
- Was dialogue formatted in an appropriate way? (if used)

### Ideas and Development

Points: 15

- Did the writer address the theme in a clear manner?
- Did the writer take a unique approach when addressing the theme?
- Did the writer stay on topic throughout the entire submission?
- Was the main idea or message clear to the reader?

### Organization

Points: 10

- Showcases central ideas and theme; structure moves reader easily through text
- Easy flow and rhythm; strong, varied sentence structure
- Uses appropriate text organization for entry type: e.g. short story has beginning, middle, and end; essay expresses main idea with related, supporting body paragraphs, etc.
- Is the title relevant and applicable to the submission?
- Does the submission have a logical series of events?
- Were there adequate details that led to a natural flow between introduction, plot, climax, and resolution?
- Were the ideas well-developed with natural transitions?
- Was the content original, not falling into cliché story lines?

## Section C: Content

Points: 25

Is the piece free from any inappropriate content? If not, do not score rest of section; competitor receives 0/35. If so, continue scoring.

### Voice

Points: 10

- Words convey message in an interesting and creative way; creates a vivid impression
- Expresses experience in a personal and insightful way
- Uses literary devices, striking words/phrases, and strong descriptive word choice
- Was the writer able to distinguish a clear voice?
- Is the tone natural and consistent, reflecting original thinking and expression?
- Does the writer capture a tone or mood with his/her words?
- Does the competitor's writing grab your attention and convey sincerity?
- Does the piece create an appropriate mood?
- Does the competitor's writing convey creativity and originality?

### Style and Word Choice

Points: 25

- Did the writer use thoughtful adjectives to create more vivid imagery?
- Did the writer use strong action verbs to support their message (i.e. "cruise" instead of "drive," or "stroll" instead of

“walk”)?

- Did the writer use precise nouns to help present a clear and distinct message (i.e. “7th Grade students” instead of just “students,” or “Science project” instead of “project”)?
- Did the overall usage of words create color and texture in the writing? Was it clear that this writer took risks with their word choice?
- Does the poem enable the reader to see, hear, feel, or think about the subject in a new way or in a more potent way than ever before?
- Does the poem use sensory details and figurative language to create vivid images that contribute significantly to the meaning of the poem?
- Are the sound devices used, such as rhyme, alliteration, or onomatopoeia, used effectively and contribute to the meaning of the piece?
- Is word choice vivid and exact throughout?

#### Section D: Application of Theme

Points: 15

- There is a strong, clearly evident relevance to the theme.
- The theme is expressed in a unique or outstanding way.
- Purpose and inspiration of writings are clearly articulated and shows evidence of reflection and/or research.

#### Section E: Overall Ranking

Points: 10

After the perusing of the content and worksheet, rate the entire experience from 1 to 10.

- 1 being very poor (no organization or relation to the theme)
- 4 to 6 being average
- 10 being exceptional (memorable, sound understanding of the theme, exceptional content).

# SPOKEN WORD

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

1. Three (3) copies of the script must be turned in at registration

## **Registration Requirements:**

1. No more than four (4) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted.

## **Procedures:**

1. The competitor must provide three (3) COPIES of his/her piece to be turned in during the competition orientation. MIST will not photocopy any pieces. Competitors must come prepared with their copies. The competitor must compete with the piece that is submitted.
  - a. Scripts must be labeled with the MIST ID ONLY. The competitor name must not appear anywhere on the work.
2. The performance should not exceed more than six (6) minutes. Points will be deducted from the total score if the performance exceeds the allotted time when visible time signals have been given by the judge or by the authorized timekeeper.
3. Spoken word pieces are not expected to be memorized however lack of memorization detracts from the overall performance.
4. No instruments can be used for the performance.
5. Spoken word pieces will be judged based on the following criteria:
  - a. Writing
  - b. Performance
  - c. Originality
  - d. Sincerity
  - e. Inspiration
  - f. Relation to the theme

## **Competition Logistics:**

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. All competitors will report to the competition room at the same time, which will be designated in the competition schedule.
4. The performance will be judged according to the Spoken Word Detailed Ballot.



# DETAILED BALLOT: SPOKEN WORD

## Section A: Technical

Points: 10

- Participant is on time for the competition.
- Did the piece last less than six minutes?
- The participant gives no identifiers aside from their MIST ID.
- Participant looks credible and dressed for an interview.
- There are three (3) copies of the spoken word piece.

## Section B: Spoken Word (Writing)

Points: 35

- Is the Spoken Word piece free from any inappropriate content? If it contains profanity, sexual innuendo, etc., do not score rest of section; competitor receives 0/35. If so, continue scoring.

### Content

- Is the structure of the piece easy to follow?
- Is the Spoken Word well written (i.e. Are rhyme, metaphors, and figurative language present in the piece)?
- Does the Spoken Word show originality and creativity?

## Section C: Performance

### Stage Presence

Points: 20

- Is there a connection with the audience, energy, and excitement?
- Do the competitors make use of the stage space? (i.e. Movement, body language.) Are bodily movements used in an effective manner?
- Does the competitor's performance grab your attention and convey sincerity and inspiration?

### Familiarity

Points: 20

- Are the words clear and easy to understand? (In their presentation, not interpretation) Is pronunciation acceptable?
- Are rate, pitch, and volume appropriate? Is vocal variety adequate?
- Does the competitor set an adequate mood relating to their spoken word piece?

## Overall Ranking

Points: 15

After the perusing of the oratory content, performance, and interview, rate the entire experience from 1 to 15.

- 1 being very poor (no organization, intonation, or relation to the theme)
- 8 being average
- 15 being exceptional (memorable performance, sound understanding of the theme, exceptional extemporaneous speech content, memorized piece).



# CATEGORY IV: BRACKETS

## **Debate:**

Are you great at winning arguments? Do you have the poise of a public speaker and the convincing tone of a scholar? Join debate to compete with others who are just like you.

## **Math Olympics:**

Think you have what it takes for the olympics? Earn the title of true Math Olympian in this intense battle of numbers.

## **MIST Quiz Bowl:**

Does the sound of a quiz bowl buzzer and recalling knowledge in seconds give you an adrenaline rush? Are you the kid that knows a little bit of everything, from the geography of China, to the poetry of Rumi? Then MIST Quiz Bowl is the competition for you!

## **Improv.:**

This competition is a fun way to display your creativity under spontaneous and timed circumstances. Each team must impress the judges in various hypothetical scenarios while under pressure to think on their feet and make the audience laugh!

# DEBATE

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

## **Registration Requirements:**

1. A maximum of two (2) competitors may register for this competition from each team, and must compete independently.
2. Each student will compete individually, so collaboration is not permitted.

## **Procedures:**

1. Competitors will be involved in a one on one, extemporaneous style discussion against one another.
2. The competitors will debate with one another on one of the selected “debate topics,” which consists of a definitive statement (ex. “Affirmative Action provides a fair chance for students applying to colleges”).
3. One of the competitors assumes the role of Affirmative, who argues in support of the debate topic, and the other competitor assumes the role of Negative, who argues against the debate topic.
4. Both competitors are allowed structured timed slots to state their arguments, question one another, offer rebuttals, and then express their final thoughts on the topic.
5. During the final rebuttal speeches, debaters may not bring up any new arguments or new evidence except in direct refutation of material which has already been presented.
6. Competitors may use notes and outlines to the competition, which may be referred to at any point during the debate, and should be used to provide factual data and information that will enhance one's argument.
  - a. Searching the internet for any form of information during the round is not permitted.
7. Debaters will speak only when called upon by the judges
8. Debaters shall not use profane or offensive language.
9. The debate topics will be available at [www.getmistified.com](http://www.getmistified.com).

## **Round Structure:**

### *Preliminary Round 1*

1. All debaters are matched up with one another, one-on-one.
  - a. In the event that an odd number of debaters are present at the very first preliminary round of the Debate Tournament, even-numbered pairs will be made, with a randomized odd competitor given an automatic advancement to Preliminary Round 2.
2. All debaters regardless of round results advance to Preliminary Round 2.

### *Preliminary Round 2*

1. Preliminary Round 2 will include all of the same debaters as Round 1, with no eliminations made from the previous round.
  - a. In the event that an odd number of debaters are present, the competitor who did not compete in Preliminary Round 2 will compete, and another competitor will be randomized to sit out.
2. Debaters will be paired up with different opponents, and offered a new debate topic.
3. Using the scores from both preliminary rounds, the top 8 scoring competitors will advance to the Quarter Finals Round.

### *Quarter-Finals Round*

1. The Quarter-Finals Round will consist of 4 simultaneous debates between the top 8 competitors who advanced from the previous round.
2. A new debate topic will be given.
3. Upon the conclusion of this round, the winners of each debate will advance to the Semifinals Round.

### *Semi-Finals Round*

1. The Semi-Finals Round will be held between the advancing competitors from the previous round, and will consist of 2 simultaneous debates between the 4 semifinalists.

2. Similarly, a new debate topic will be given for this round.
3. The 2 winners from this round will advance to the Final Round.

#### *Final Round*

1. The Final Round is held between the final 2 competitors from the previous round
2. The Final Round is the only round of Debate that is showcased to a general audience.

#### **Competition Logistics:**

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. Competitors shall report at the appropriate time to the designated place. Competitors shall be introduced to the judges by their MIST IDs.
4. The performance will be judged according to the Debate Detailed Ballot.

# DEBATE STRUCTURE

**Prep (5 minutes):** Competitors will have up to 5 minutes of silent preparation time for the entirety of the round. Debaters may not speak out loud or discuss anything with one another during this time. If both competitors state that they are ready before the conclusion of the 5 minutes, the debate will proceed. Between each of the speeches listed above, competitors may ask for 2-3 minutes of prep time in-between if needed.

**Affirmative Constructive (6 minutes):** Affirmative will be given 6 minutes to present their primary arguments in support of the debate topic. Judges will mark down each argument on their Debate Ballots, and will make special note of the evidence that Affirmative uses to back up their statements.

**Negative Cross-Examination (3 minutes):** Negative will be given 3 minutes to direct questions to Affirmative. The questions may serve one or more of the following purposes:

- a. To clarify Affirmative's statements or arguments if they seem confusing
- b. To elicit answers that are contrary to Affirmative's prior statements and expose flaws in the argument (known as trapping the opponent)
- c. To obtain more information, to get added insight into a particular evidence.

Rhetorical questions, questions that are direct attacks on the opponent rather than the arguments, and/or questions that are just statements (those that can't be answered normally), are NOT allowed. Affirmative may only speak in response to a question, and has the right to refuse to answer any question. Affirmative may NOT ask any questions during this part of the debate.

**Negative Constructive (7 minutes):** Negative will be given 7 minutes to present their primary arguments against the debate topic, as well as offer rebuttals against Affirmative's arguments. Judges will mark down each argument and rebuttal on their Debate Ballot, and will make special note of the evidence that Negative uses to back up their statements. Judges will also make note of any prior arguments made by Affirmative that are NOT addressed by Negative.

**Affirmative Cross-Examination (3 minutes):** Affirmative will be given 3 minutes to direct questions to Negative. The questions may serve one or more of the following purposes:

- d. To clarify Negative's statements or arguments if they seem confusing,
- e. To elicit answers that are contrary to Negative's prior statements (known as trapping the opponent)
- f. To obtain more information, just to get added insight into a particular evidence.

Rhetorical questions, questions that are direct attacks on the opponent rather than the arguments, and/or questions that are just statements (those that can't be answered normally), are NOT allowed. Negative may only speak in response to a question, and has the right to refuse to answer any question. Negative may NOT ask any questions during this part of the debate.

**Affirmative Rebuttal (4 minutes):** Affirmative will be given 4 minutes to offer a rebuttal to Negative's arguments and to defend their own argument. Judges will mark down each rebuttal on their Debate Ballot, and will make special note of the evidence that Affirmative uses to back up their rebuttals. Judges will also make note of any prior arguments made by Negative that are NOT addressed by Affirmative.

**Negative Rebuttal (6 minutes):** Negative is given 6 minutes to offer a rebuttal to Affirmative's arguments and to defend their own. Judges will mark down each rebuttal on their Debate Ballot, and will make special note of the evidence that Negative uses to back up their rebuttals. Judges will also make note of any prior arguments made by Affirmative that are NOT addressed by Negative. This is Negative's final word in the debate - no NEW constructive arguments may be offered during this part of the debate- only rebuttals and summarizations.

**Affirmative 2nd Rebuttal (3 minutes):** Affirmative is given 3 minutes to offer a rebuttal to Negative's arguments once again. Judges will mark down each rebuttal on their Debate Ballot, and will make special note of the evidence that Affirmative uses to back up their rebuttals. Judges will also make note of any prior arguments made by Negative that are NOT addressed by Affirmative. Usually, Affirmative sums up their own argument with specific attention to key points and refutes Negative's claims. This is Affirmative's final word in the debate - no NEW constructive arguments may be offered during this part of the debate - only rebuttals and summarizations.

# DETAILED BALLOT: DEBATE

Judge's Printed Name: \_\_\_\_\_

Round (circle one): Preliminary 1st      Preliminary 2nd      Preliminary 3rd      Semifinals      Finals

Affirmative MIST ID: \_\_\_\_\_ Negative MIST ID: \_\_\_\_\_

Category Points:

CRITERIA	AFFIRMATIVE	NEGATIVE
<p>Analysis and Organization [20 points]</p> <p>How well are the arguments structured for each debater? How smooth is the flow of constructive arguments for each? Do presented arguments/evidence seem disjointed or weakly connected to the debate topic?</p>	/20	/20
<p>Logic and Evidence [25 points]</p> <p>Do the arguments present rational explanations for the debate topic, or are they opinionated and superficial? Are arguments based on solid evidence or opinion? Do statistics/documents/historical references connect successfully with the arguments presented?</p>	/25	/25
<p>Debate Skills [20 points]</p> <p>Are arguments able to be fully expressed within the time limits? Are there any minor violations of rules/regulations? How well is the debater able to adapt to his/her opponent's arguments and the flow of the debate? How well does the debater utilize each section of the debate?</p>	/20	/20
<p>Style, Oration, Tone, Speech [10 points]</p> <p>How well does the debater carry him/herself? Does the debater stutter, pause for too long in the middle of the argument, or repeat words or phrases often? Does the debater appear confident and well-versed in the debate topic?</p>	/10	/10
<p>Refutation [25 points]</p> <p>How well is the debater able to counter his/her opponent's arguments? Are rebuttals backed by statistics, evidence, or historical references? Do rebuttals fully address the opponent's claims? Are opponent's refutations dodged or not addressed at all?</p>	/25	/25
TOTAL SCORE:	/100	/100

Judges should utilize the following chart to track the debate and note the arguments presented:

Affirmative Constructive (AC) [6 minutes]	Negative Cross-Examination (NCX) [3 minutes]	Negative Constructive (NC) [7 minutes]
<p><i>Affirmative has 6 minutes to present primary arguments in support of the debate topic. Mark down each argument point, and note any evidence the debater offers to back up the arguments presented.</i></p>	<p><i>Negative has 3 minutes to pose questions to the Affirmative. Questions may be for clarification, or meant to corner opponents (not rhetorical). The Affirmative may <b>not</b> ask questions during this section, and may freely choose to answer or refuse to answer specific questions.</i></p>	<p><i>Negative has 7 minutes to present primary arguments against the debate topic, as well as present rebuttals against Affirmative's statements. Mark down each argument point, and note any evidence the debater offers to back up the arguments presented.</i></p>



# DEBATER FEEDBACK SECTION:

Please provide brief feedback for competitors in the following space, including constructive criticism and points to improve upon. Separate both sections and return to the competitors upon the conclusion of the Tournament.

# MATH OLYMPICS

**Format:** ONLINE

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

## **Registration Requirements:**

1. No more than four (4) students from each school may register for this competition.
2. Each student will compete individually, so collaboration is not permitted. Each competitor must turn in a separate piece of work.

## **Procedures:**

1. Tests must be taken individually.
2. The competition will be split up into three (3) portions. The first portion will be the MIST Math Olympics Pretest, the second will be the Ciphering Round I, and the last portion will be the Ciphering Round II. If two (2) or more competitors tie by the end of Ciphering Round II, the competitors will go into the Ciphering Bonus Round.
  - a. The Pretest will consist of 30 different questions ranging from Geometry and Algebra and will be one (1) hour long. Competitors will be able to work on problems in any order.
  - b. The two (2) Ciphering Rounds will both contain ten (10) questions each. The total time allotted will be ten (10) minutes. Competitors must complete each question before proceeding to the next.
3. No knowledge of Trigonometry or Calculus is required. An understanding of only Geometry, Algebra I & II and Statistics & Probability are sufficient for a student.
4. Basic scientific calculators are allowed. Calculators with graphing ability, such as the TI-83 or higher, are NOT allowed.

## **Competition Logistics:**

1. This competition will be conducted online.
2. This competition will require live cameras and microphones that are on throughout the entirety of the exam. Further details will be released closer to the tournament date.
3. Each student will be given an online test for each round. This competition will test students' ability to think critically and apply arithmetic to solve word problems.
4. There is no ballot for this competition. Scores will be based solely on test performance.

# MIST Math Olympics Study Guide

The pretest and the ciphering rounds may also include topics not covered in the study guide.

1. Geometric Formulas (The competitor will be asked to recognize or apply these formulas)
  - a. Area and Perimeter of two dimensional shapes
  - b. Volume and Surface Area of three dimensional shapes
  - c. Arc length formula
  - d. Slope of Line
  - e. Midpoint and Distance Formula
  - f. Equation of a circle
2. Geometry (The competitor needs to have a strong understanding of these topics)
  - a. Find the point of intersection between two lines
  - b. Find a line parallel/perpendicular to a given line
3. Graphing (The competitor will be asked to apply these methods)
  - a. Graphing a function
  - b. From a given graph determine if the equation is a function
  - c. Identify an odd or even function
4. Algebraic Formulas and Methods (The competitor will be asked to apply these methods)
  - a. Quadratic Formula
  - b. Pascal's Triangle
  - c. Finding a quadratic equation from given points
  - d. Factoring
  - e. Simplifying polynomial expressions
  - f. Simplifying expression with radicals
  - g. Finding max and min
  - h. Describing the nature of the roots
  - i. Given  $g(x)$  and  $f(x)$ , then find  $f(g(x))$ .
5. Algebra (The competitor needs to have a strong understanding of these topics)
  - a. Mean, Median, and Mode
  - b. Logarithmic functions
  - c. Inverse functions
  - d. Range and Domain
  - e. Basic rate functions
  - f. Factorials
  - g. Inequalities
6. Probability and Statistics
  - a. Combination
  - b. Binomial Probability Formula
  - c. Mean, median, mode and standard deviation
7. Trigonometry
  - a. Triangles
  - b. Sines, cosines, and tangents
  - c. Pythagorean Theorem and Identities
8. Logic
  - a. Puzzles
  - b. Set Theory
  - c. Model Theory

The following problems are examples that may show up on either the Pretest or CIPHERING Rounds. The problems will be rated from [0,1,2,3] with 0 being easy, 1 being fair, 2 being difficult, and 3 being challenging. Type [0] questions will only be found on the pretest. Type [1] may be found on the pretest or CIPHERING I. Type [2] may be found on the last couple questions of the pretest, or CIPHERING Rounds I and II. Type [3] questions may be found in CIPHERING Round II or the CIPHERING Bonus Round. You will notice the ciphering round questions often involve a combination of two or more topics listed in the study guide. Below are a total of 35 questions. Their answers are also posted.

**Geometric Formula Questions:**

1. The circumference of a circle is  $8\pi$ , find the area of the circle. [0]
2. Calculate the volume and surface area of a box with the dimensions  $l = 30\text{cm}$ ,  $w = 5\text{cm}$ ,  $h = 10\text{cm}$ . [1]
3. A right triangle has a hypotenuse which measures  $10\text{cm}$ . If one of the sides measures  $8\text{cm}$ , then find the length of the other side. [0]
4. There exists an arc with the length  $6\pi\text{cm}$  which is formed by the angle of  $270^\circ$ . Find the radius. [1]
5. A line passes through the point  $(4,5)$  and  $(-2,8)$ . Find the equation of the line. [0]
6. There exists a line segment with its endpoints at  $(-1,-2)$  and  $(4,8)$ . Find the midpoint of the line segment. [0]
7. A circle has the radius of  $8$  with its center at  $(2,4)$ . Find the equation of the circle. [0]
8. Find the distance between the points  $(1,2)$  and  $(6,7)$ . Leave answer in simplest radical form. [1]
9. Given the points  $A(1,-3)$  and  $B(-5,11)$ , find the equation of the line perpendicular to the line segment  $AB$  which crosses at the midpoint of  $AB$ . [2]

**Geometry Questions:**

1. Find the distance between the lines  $y = 3x + 4$  and  $y = 3x - 5$  and give the equation of the line perpendicular to  $y = 3x + 4$  which crosses the point  $(2,1)$ . [2]
2. Given a  $45-45-90$  triangle with the height of  $5\text{cm}$ , find the hypotenuse of the triangle. [0]
3. If  $f(x) = 2x + 8$  and  $g(x) = (x/3) - 4$ , then find the point of intersection of the two lines algebraically. [1]
4. Given a  $30-60-90$  triangle, if the length of its smallest side is  $4\text{cm}$ , then find the length of the height and the hypotenuse of the triangle. [1]

**Graphing Questions:**

1. Solve and graph the function  $3 \geq |x + y|$  using complete solution curves. [2]
2. The equation, where  $y$  is a function of  $x$ , has the following coordinates. Is the equation a function? Explain. [1]

Y	X
1	3
2	3
3	4
4	5

3. Does there exist a cubic\* function which is even? [1]
  - a. \*Cubic in this case means that does there exists any constants  $a, b, c,$  and  $d,$  where the function  $ax^3 + bx^2 + cx + d$  will be an even function given  $a \neq 0$ .

### Algebraic Formulas and Method Questions:

1. Simplify\* the following expression:  $(1/(2+\sqrt{3}))$  [1]  
\*Remember simplifying an expression means to annihilate any radicals in the denominator and leave any radicals in the numerator in simplest radical form.
2. Simplify\* the following expression:  $(1/(2+\sqrt{5}-\sqrt{7}))$  [3]  
\*The question simply wants to know if you are able to remove all radicals in the denominator. Therefore for the sake of time conservation you may leave the numerator not simplified.
3. Simplify the following expression:  $(x^3+5x^2+6x)/(x^2+2x)$  [1]
4. Find the roots of the function:  $y = x^2+10x+5$  [1]
5. An arrow is shot which reaches the height of 10cm and lands 5cm away from the shooter. If all else equals\* find the formula of the quadratic equation which best represents the path of the arrow. [2]  
\*The term "if all else equals" simply means that all other variables are held constant. For example wind speed and other variables will not affect the question.
6. Adam scores a grade of 79 and 92 on his first two tests. What is the minimum score Adam needs on his next exam to achieve a final grade of 90? Assume all exam grades are weighted equally. [1]
7. Find the middle term of the expansion  $(2x+3)^6$ . [2]
8. Given  $x^2+4x-20 = 0$ , describe the nature of the roots. [1]

### Algebra Questions:

1. If  $f(x) = 3x + 8$  and  $g(x) = x^2-2x$ , then find  $f^{-1}(g(3))$ . [2]
2. If  $\log_2 64 = n$  then find  $n$ . [0]  
\*This problem may deserve a level of [1] in difficulty, but in this case the answer should be observably trivial after completing one step, thus given a rating of [0].
3. Simplify\* the expression:  $\log_3 3^3 \sqrt{81} - \log_9 27^{-6} + 3\log_{81} 9$ . [3]  
a. \*Simplification of log expressions could in this case mean combining the logs. However doing that would be extremely messy and deserving a rating higher than a [3]. Rather I want you to solve this expression such that you have an answer with no logs, thus a quantitative result.
4. Find the range and domain of  $y = \sqrt{x+2}$ . [0]
5. An automated tennis ball dispenser dispenses 45 ball per minute. If an automated baseball dispenser dispenses baseballs 20% faster than the tennis ball dispenser, then how fast does the baseball dispenser dispense every hour? [1]
6. A car was purchased at \$45,000. After three years the car is now worth \$32,000. Find the rate of depression per year. Leave the answer to the nearest percent. [2]
7. Simplify the following expression:  $((x+2)!)/(x!)$ . [1]

### Probability Questions:

1. A committee of 6 people is to be selected from a group of 10 women and 4 men. What is the probability that the committee consists of 3 women and 3 men? [2]
2. Ali is a professional basketball player who has determined that he makes nine 3pt shots per every ten attempts. What is the probability that out of 25 shots he misses 4? [1]

### Logic Questions:

1. How many ways can the letters of the word TEAM be arranged? [1]
2. If the operation  $a \cdot b$  is defined by  $a \wedge b + b$ , such that  $a \cdot b = a \wedge b + b$ , then find  $n$ , where  $n \cdot 2 = 38$ . [1]

## ANSWERS:

If you have any questions regarding how to solve these problems, please contact [competitions@getmistified.com](mailto:competitions@getmistified.com).

### Geometry Formula Questions:

1.  $16\pi$
2. Volume =  $1,500\text{cm}^3$ , Surface Area =  $1,000\text{cm}^2$ .
3. 6cm
4.  $r=4$
5.  $y = -\frac{1}{2}x + 7$
6. (5,3)
7.  $(x-2)^2 + (y-4)^2 = 64$
8.  $5\sqrt{2}$
9.  $y = \frac{3}{7}x + \frac{34}{7}$

### Geometry Questions:

1. distance = 9 units\*,  $y = -(x/3 + 5/3)$  \*Since the units were not provided, distance = 9 will also be accepted. However, be sure to provide units in your answer if it is provided in your question.
2.  $5\sqrt{2}$  cm
3.  $(-36/5, -32/5)$
4. height =  $4\sqrt{3}$  cm, hypotenuse = 8 cm

### Graphing Questions:

1.  $3 - x \geq y \geq -3 - x$ . The graph of the inequality will look like the shaded region between the lines  $y = 3 - x$  and  $y = -3 - x$ .
2. The curve is not a function. Fails to pass the vertical line test.
3. No, by the definition of an even function.

### Algebraic Formulas and Method Questions:

1.  $2 - \sqrt{3}$
2.  $-(2 - \sqrt{5} + \sqrt{7}) (-8 - 2\sqrt{35}) / 76$
3.  $x + 3$
4.  $x = -5 \pm 2\sqrt{5}$
5.  $y = -8/5(x^2) + 8x$
6. 99%
7.  $4320x^3$
8. Real, irrational and unequal.

### Algebra Questions:

1.  $-5/3$
2.  $n=6$
3.  $147/40$
4. D:  $[-2, \infty)$ , R:  $[0, \infty)$
5. 3240 baseballs/hour
6. rate of depression = 11%
7.  $x^2 + 3x + 2$

### Probability Questions:

1. 16%
2. 14%

### Logic Questions

1. 24 possible combinations
2.  $n=6$

# MIST QUIZ BOWL

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

## **Registration Requirements:**

1. Teams will consist of a minimum of two (2) members and a maximum of six (6).

## **Procedures:**

1. For all rounds in Preliminary, Quarterfinals, Semifinals, and Final rounds, only a maximum of four (4) competitors can play at any given time. One (1) or more competitors can substitute each other **ONLY** between rounds.
  - a. Ex: If a team has six (6) competitors, there will be four (4) starters and two (2) competitors on the bench.
  - b. **NOTE:** A common strategy is to fill the team with six (6) competitors, so that each student study one (1) of the six (6) categories and be the Subject Matter Expert (SME) for it.

## **Preliminary/Quarterfinals/Semifinal Round Procedures:**

2. A preliminary/quarterfinals/semifinal competition consists of three (3) rounds, with a total of 42 questions. A round consists of 7 questions each from 2 categories, with a total of 6 categories covered by the end of the competition.
3. Judges must announce which 2 categories are being played in each round so that each team may arrange itself accordingly.

### *Round 1*

4. The competition begins with the judges explaining the rules of Round 1 to the competitors. Judges will tell the teams which 2 categories are represented in Round 1. This round begins with the judge reading the point value of the question first, and then proceeding to read the question aloud.
5. **THE "DONE" RULE:** Only after the judge has finished reading the ENTIRE question may the competitors buzz in, which will be signaled by the judge saying "Done".
  - a. The "Done" Rule will only be applicable for Round 1, and will be dropped for the rest of the rounds.
  - b. If a team buzzes in before the entire question is read, they will not have the opportunity to answer that question. It is up to the judges' discretion to select whether or not teams have adhered to the "Done" Rule.
6. The first team to buzz in after the judge has said "Done" must begin to answer within 10 seconds and must finish answering within 30 seconds. This means the team has a total of 30 seconds to provide a complete answer.
  - a. If judges suspect that the team is stalling on a question or is "buying time," they have the right to penalize the team accordingly.
7. A correct answer wins points and an incorrect answer does not penalize the team. If an incorrect answer is given, then the floor is reopened once the judge has said "incorrect."
8. The question may now be answered by the next team to buzz in for half of its original point value, with a 10 second limit given on the response.
9. Only two teams can attempt to answer any single question, after which, if both teams are unsuccessful, the judge will give the answer and proceed to the next question.
10. The entire round consists of 14 questions from two categories. Scores will not be released to the competitors after the end of any round.

### *Round 2*

11. The rules for Round 2 are identical to the rules in Round 1, except the "Done" Rule will be dropped for Rounds 2 & 3.
12. Round 2 follows with the next 2 categories of questions that follow in the packet, which will be mentioned by the judges at the beginning of the round so that teams may substitute competitors.
13. Judges will read the point-value of the question first, then proceed to read the question to completion. If a competitor believes that they can anticipate the answer from the current question, they may buzz in early and answer the question.
  - a. If the competitor interrupts the moderator to give an answer, they must respond within the 10 second limit of buzzing in.

### *Round 3*

14. Round 3 follows in the same fashion as Round 2: incorrect answers are to be penalized, and judges will mention which 2 categories are being represented in Round 3.

## Preliminary Competition Point Summary

Round	Initial Point Value	Second Attempt Point Value	Penalty	Time to Answer
1	Stated before each question	½ of initial point value	No	10 seconds per attempt
2	Stated before each question	½ of initial point value	Yes	10 seconds per attempt
3	Stated before each question	½ of initial point value	Yes	10 seconds per attempt

### Final Round Procedures:

1. The finals competition consists of 3 rounds, with a total of 42 questions.
2. Round 1 and round 2 consist of one (1) question related to each category printed in one packet, with each round clearly marked, totaling to six (6) questions per round.
3. In Round 3, questions will proceed jeopardy-style with each team captain choosing the category and point value.

#### Round 1

4. To begin the competition, judges will explain the rules of Round 1 to the competitors. This round is free-form, with the judge reading each question aloud.
5. **THE “DONE” RULE:** Only after the judge has finished reading the ENTIRE question may the competitors buzz in, which will be signaled by the judge saying “Done.”
  - a. If a team buzzes in before the entire question is read, then they will not have the opportunity to answer that question. It is up to the judges’ discretion to select whether or not teams have adhered to the done rule.
6. The first team to buzz in must answer within 10 seconds. A correct answer wins points and an incorrect answer does not penalize the team.
7. If an incorrect answer is given, then the floor is reopened once the judge has said “incorrect.” The question may now be answered by the next to buzz in for half of its original point value, with a 10 second limit given on the response.
  - a. Only two teams can attempt to answer any single question, after which, if both teams are unsuccessful, the judge will give the answer and proceed to the next question.
8. Each question in this round is worth 100 points.

#### Round 2

9. The rules for Round 2 are exactly the same as Round 1, except that teams are penalized for incorrect answers and the “Done” Rule will no longer be in effect.
  - a. For example, if a team were to respond incorrectly to a question, then 200 points are deducted from their running total.
  - b. If another team were to then respond to this same question incorrectly when its value has been halved to 100 points (when the floor is reopened), then that team is penalized 100 points.
10. Each question in this round is worth 200 points.

#### Round 3

11. In Round 3, the team with the lowest score will start off the round.
12. Round 3 will consist of a jeopardy-style game will be played with each team captain choosing the category and point value. For example, a team captain would say “History for 300, please.” Judges will then ask the appropriate question from the packet.
13. After a question has been read, any team will be allowed to buzz in to attempt an answer. If a team answers a question correctly, then they will be able to select another question.
14. An incorrect answer will result in a penalty like in Round 2.
15. Following an incorrect response, the floor will be open for answers immediately after the judge says “incorrect.” The last team to answer a question correctly will choose the next question.
16. If no team is able to answer the question after 10 seconds, the same team will be able to choose another question.
17. Judges will not announce the winner of the final competition. This will occur during the award ceremony.



## Finals Competition Point Summary

Round	Initial Point Value	Second Attempt Point Value	Penalty	Time to Answer
1	100	½ of initial point value	No	10 seconds per attempt
2	200	½ of initial point value	Yes	10 seconds per attempt
3	Jeopardy-style	½ of initial point value	Yes	10 seconds per attempt

### Competition Logistics:

1. This competition will be conducted in-person.
2. Scores will not be released to the competitors after the end of the rounds.
3. Questions for the entire competition are pre-determined and curated. Appropriate point values are pre-assigned.
4. Finals Round 3 (Jeopardy-Style): A board or display showing the category-value matrix will be necessary. An assistant who is keeping score will cross off each box on the matrix when that question has been asked.

### Audience Guidelines:

Parents, coaches, and other supporters are welcome to attend MIST Quiz Bowl up to the discretion of Regional Headquarters. Audience members must:

1. Arrive on time or a little early. Late arrivals will not be allowed entry into the room.
  - a. Once inside the room, audience members will not be allowed to exit.
2. Remain seated during the competition (i.e. no walking around the competition room)
3. Sit quietly and attentively.
4. Not speak to the competitors during rounds.
  - a. Please hold comments and questions until a judge announces the conclusion of a round.
5. Not permitted to talk or whisper during the competition.
  - a. If organizers suspect an audience member is communicating answers or clues to competitors, they will be asked to leave the room.
6. Not whistle, yell, or loudly congratulate teams on their performance.
7. Turn off cell phones and other electronic devices.
8. Not take photographs of and/or film the competition.

**REMEMBER: Disturbances will distract focused competitors!**

# IMPROV

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:** None

## Registration Requirements:

1. A minimum of four (4) and a maximum of six (6) people can register for this competition.
2. Each school may bring a brothers' team (consisting of a maximum of six brothers) as well as a sisters' team (consisting of a maximum of six sisters).
3. This competition is a team effort. Teams may consist of a minimum of four (4) members and a maximum of six (6) members.

## Bracket Rounds:

The Improv competition will consist of 3 separate rounds, with 2 competitions (games) played per round. PLEASE NOTE: unlike Debate and MIST Bowl, which have 4 rounds each, Improv follows a competition-style similar to Math Olympics, with only 3 rounds.

1. **Preliminary:** All registered improv teams are permitted to perform in this round, and each team will be given an opportunity to play 2 games. The combined scores for both games should be calculated out of 100 points, and the top 4 teams with the highest ranked scores will be allowed to advance to the semifinal round. In the event of a score tie, judges should exercise unbiased discretion as to which team should advance.
2. **Semifinals:** Only the top 4 advancing teams from prelims are permitted to compete in this round. A total of 2 games between each team will be played, with a 3rd game allowed only if time permits. The scores from each game should be calculated out of a total of 100 points and the top 2 teams will be allowed to advance to the final round. In the event of a score tie, judges should exercise unbiased discretion as to which team should advance.
3. **Finals:** For the last remaining 2 teams, a total of 2 games between each team will be played, with a 3rd game allowed only if time permits. The scores from each game should be combined and the higher scoring team will be awarded 1st place.

**NOTE:** In the event that 4 teams or fewer register for Improv, the brackets style system can be modified to allow for a greater number of games to be played, and for one or more rounds to be skipped depending on the number of teams registered. Rankings should be determined by an average of all of the game scores achieved by each team.

## Procedures:

1. This competition consists of three (3) rounds with two (2) games each. Each team will perform the first game, and once all teams have performed, the teams will move on to the second game. At the end of each game, judges will take a moment to write scores, and they will also be allowed two (2) minutes per team to ask questions if necessary. Then, the subsequent game will begin.
2. This competition will be moderated by a host. The host will make introductions, announce the rules and explain the game. The rules for each game will differ. For examples of improv games, see: <http://improvcyclopedia.org>. For example, the host may say, "The game is called Questions, and the rule is that players must only speak in questions. No sentences ending with a period and no fragments – just questions. If the actor says something that is not a question, or if they continually repeat questions ("What did you say?" "What did you say again?"), then a judge sounds the buzzer and the game is over for the presenting team. The limits for this game are: Three (3) players, 30 second prep time, two (2) minute presentations."
3. The host will then randomly pick a team to come up to the stage. This team will be asked to pick one situation at random. For example, using the game described above, the situation might be: "At the theme park," and so the players might act out a situation like this: a tourist asks, "How do I get to the water ride?" and the ride operator replies, "First time at Gatorland?" In response, the tourist says, "How can you tell?"...and so on.
4. Once a team has presented, the next team will be called up to the stage to play the same game, but with a different situation.
5. All teams will have equal playing time, and they will all play the same games.
6. Teams must adhere to the time limit.
7. If a team violates any of the game rules, a judge will sound the buzzer. Alternatively, the buzzer will sound once time is up. Once the buzzer has sounded, all players must stop their performances, and exit the stage.

8. Judging is based on improvisation, projection, articulation, wit, intelligence, believability, body language and ability to create your environment. Competitors will be judged according to the Improv Detailed Ballot.
9. All competitors must adhere to Islamic principles and appropriate language. Points will be deducted, or the team disqualified (upon judges' consideration) for inappropriate actions or comments that do not follow the Competition Guidelines. Games will be stopped immediately if there is anything questionable, and that player will be disqualified.

**Competition Logistics:**

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. Competitors shall report at the appropriate time to the designated place. Competitors shall be introduced to the judges by their MIST IDs.
4. Performances will be judged according to the Improv Detailed Ballot.

# DETAILED BALLOT: IMPROV

**Team MIST ID:**

**Total Score:** /100

**Judge's Printed Name:**

**Rank**

**Round (circle one):** Preliminary

**Semifinals**

**Finals**

CRITERIA	GAME 1	GAME 2	GAME 3 (if applicable)
<p>Technical Performance [20 points]</p> <p>How well did the performers adhere to the rules of the games? Did their act reflect the given prompts? Did they perform within the time limits? Did the performance adhere to Islamic guidelines and MIST guidelines of proper conduct and speech? If not, was the performance offensive or inappropriate?</p>	/20	/20	/20
<p>Skit Structure and Organization [20 points]</p> <p>How effective was the setup, layout, placement of characters, and creation of the setting for the act? Did the performance have a logical plot development and sequence of events? How cohesive and understandable was the act?</p>	/20	/20	/20
<p>Character Acting [20 points]</p> <p>Are character portrayals believable and memorable? Do actors avoid the use of cliché or uninspired roles? Do actors communicate expressively, illuminating the life, mannerisms, and reactions of their roles?</p>	/20	/20	/20
<p>Acting Style and Comedic Skill [20 points]</p> <p>Do actors use their voices appropriately, enunciating and using a variety of rate, pitch, emotion, and volume? Do actors move expressively, using appropriate body language, facial expressions, and movement? Is creative and comedic improvisation used, including flexibility, spontaneity and risk-taking?</p>	/20	/20	/20
<p>Teamwork and Team Interaction [20 points]</p> <p>Are actors able to effectively cooperate with one another as a team, without overpowering one another? Do all team members participate equally?</p>	/20	/20	/20
<b>TOTAL GAME SCORE:</b>	/100	/100	/100
<p><b>TOTAL AVERAGED SCORE:</b> (Calculate the average of 2 (or 3) games, and use this number for team rankings and advancement)</p>	/100		

# CATEGORY V: GROUP PROJECTS

## **Business Venture:**

This competition encourages you to think about the business world, become a philanthropist, and market your own products. Familiarize yourself with modern trends and market values, while developing your own fantastic product or service!

## **Humanitarian Service:**

A new competition in partnership with Islamic Relief USA.

Conduct a crowdfunding campaign for a global cause from scratch - how do you plan to reach ideal funders?

## **Nasheed/Rap:**

Calling all aspiring singers! The nasheed/ rap category is ideal for anyone who desires to write unique lyrics and use their singing skills to capture people's attention about topics they are passionate about.

## **Science Fair:**

Are you an aspiring scientist? Do you love research? Then this competition is for you! Design, conduct and share the results of your own study to a panel of esteemed judges. Don't forget to use the scientific method!

## **Short Film:**

Showcase your editing, directing, and acting skills! Make a documentary, drama, comedy, thriller or animation to convey a particular message to the audience while relating your film to the MIST theme.

# BUSINESS VENTURE

**Format:** IN-PERSON

**Early Submission Requirements:** Two-Week Early Submission

1. Competitors must submit a proposal of their desired project two (2) weeks prior to the date of the MIST tournament

**On-Site Submission Requirements:**

1. Three (3) copies of the typed Business Venture outline
2. Supplemental materials for group presentation (optional)

**Registration Requirements:**

1. A minimum of one (1) and a maximum of six (6) people can register for this competition. Only one (1) submission can be submitted per MIST team.

**Procedures:**

1. Each participating team must prepare a business venture project that reflects this year's MIST Theme.
2. This competition consists of:
  - a. Proposal (2-week early submission)
  - b. Written Business Venture outline (on-site submission)
  - c. 5-7 minute presentation (in-person presentation)
3. Each team must have a student leader, but all team members should be involved in developing the written outline as well as the presentation of the project.
4. The proposal must be a brief summary of the business idea.
5. Competitors must submit three (3) copies of a typed Business Venture outline at registration, or the day that the region has selected for Group Project submission collection.
6. Each team must present to a panel of judges for seven (7) to ten (10) minutes. The focus of the presentation will be to pitch your idea with the goal of convincing judges to invest in your venture.
7. The presentation should include supplemental materials, such as product samples, pictures or other visual or video aids (ex. PowerPoint, display board, television advertisement, etc.).
8. The project outline should be typed, double-spaced, Times New Roman 12 point font. The outline should include visual aids, such as pictures, charts and graphs. Do not include any physical samples.
  - a. Cover page with the title of the project and MIST IDs only,
  - b. Executive Summary: A summary of your business venture project, description of your project, market analysis, marketing plan and financial plan. No more than a few paragraphs long.
  - c. Introduction: Describe your product/service in detail. What is the business? How does it work and how does it make money? What is the value of your product/service in the industry? What is the industry like?
  - d. Market Analysis: Who are your customers (i.e. the targeted market) and what are they like? Who are your competitors and what are they doing? What are the market characteristics and size? Is it a growing market? Is there a demand for your product/service?
  - e. Marketing Plan: How can you reach this market? What is your overall strategy? What competitive advantage(s) do you have over your competitors? How will you test your product/service against your targeted market? Ensure that you detail the specifics of your marketing plan, including timelines, and specific marketing strategies.
  - f. Financial Plan: What does your budget look like and how will you monitor costs? How much startup funding would you need and what would you do with the money? What is your profit potential? What key financial considerations do you need to take into account?
  - g. Project Viability: What are the biggest threats to your business venture and how will you address them? Is the venture stable and growth oriented or speculative and risky? What are your risk factors and how will you address them?
  - h. Discussion: How will the project contribute to the Muslim community and the community at large? How does it relate to this year's MIST Theme? What are some ways you can expand this project in the future?
  - i. Please note that the questions above are simply a guide. Teams do not need to answer all of the questions, however all topics (market analysis, marketing plan, financial plan, etc.) must be addressed.
9. Project ideas must be original and innovative. Submissions must be the entrepreneur's original idea - proof of origination should be available if requested by the judges. The business idea may be new or already implemented.
10. The presentation will be followed by a two (2) minute question and answer session.

**How to Submit:**

1. The proposal submission must be made through the MyMIST portal.
2. The MyMIST portal only accepts one submission file. For uploading multiple files, all files must be put together into a zip file, and the zip file can be uploaded into the portal.
3. Proposals must be submitted by the early submission deadline. Any submissions following the early submission deadline will NOT be accepted.
4. All proposals must include the competitor's MIST ID on all file names. Do NOT include your own name(s) anywhere on the submissions.

**Competition Logistics:**

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. All entries will be judged. Depending on the number of entries, only the top entries (based on the Business Venture proposal and outline) will be interviewed. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
4. The interview will be conducted in-person. The primary criterion the judges will use in evaluating the business venture will be: "Would I invest in this company?"
5. Proposals, outlines, and presentations will be judged according to the Business Venture Detailed Ballot.

# DETAILED BALLOT: BUSINESS VENTURE

## Section A: Technical

Points: 10

- Presenter(s) are on time for the competition.
- Presentation is a minimum of 5 minutes, with a maximum of 7 minutes. 3 minutes are allotted for Q&A.
- There are no identifiers on the submission aside from their MIST ID.
- The presenter(s) look credible and are dressed for an interview

## Section B: Presentation Components

Points: 15

### Visual Aid:

- Did the presenters use a visual aid?
- Was the visual presentation neat and clearly comprehensible?
- Did the presenters clearly tie their project with the visual aid used?

### Introduction, Body, & Conclusion

- Did the presenters grab your attention with their introduction?
- Was the business venture clearly stated in the introduction? Was the introduction brief and concise? Did the presenter preview and give focus to the key ideas?
- Did the presenter make effective use of signposting, internal summaries, and transitions? Was there a logical progression of ideas?
- Was adequate time devoted to each section of the presentation within the 7-10 minute time limit?
- Did the presenters conclusively tie the presentation together? Was there a note of finality?

## Section C: Presentation Delivery

Points: 20

### Delivery:

- Was the delivery natural, lively, and spontaneous? Was the presenters' enunciation clear and the volume appropriate?
- Did their delivery reinforce the ideas of the project?
- Were their gestures varied, movement motivated, and eye contact direct?
- Was there sufficient variety in rate, pause, and pitch?

### Language Style:

- Did the presenters exhibit command of conversational style?
- Was the language suitable to informing the audience?
- Was the language precise, grammatically correct, and vivid?

## Section D: Presentation Analysis & Content

Points: 20

- Did the presenters answer the questions clearly?
- Was the content informative? Was the information pertinent to their project idea? Was the information adequately documented?
- Was there sufficient use of logic, facts, examples, visual aids, and/or expert opinion?
- Is the business venture within the scope of the competitors' ability?
- Did the competitors approach the business venture in an original manner? Was the venture well thought out and did it show initiative in thought and design?



## Section E: Business Venture Outline

Points: 35

- Does the Executive Summary identify the problem and the business proposition for solving the problem? Does it identify customers and competitors and illustrate the viability of the business idea?
- Does the venture have sound value proposition? Have the competitors developed the product concept clearly?
- Are key features and benefits of the product/service clearly described?
- Does the venture demonstrate a need/want for the product/service by customers?
- Does the Market Analysis show evidence of research and is well thought out?
- Are descriptions of target market segments and competitors clearly established and are their attributes clearly illustrated?
- Is the product/service feasibly marketable? Is there a demand? Is there sustainable competitive advantage?
- Is the Marketing Plan clear and is it appropriate for the chosen product/service? Are marketing strategies likely to be effective?
- What is the likelihood of the business plan becoming a viable business? Could the venture be profitable?
- Have key financial considerations been taken into account adequately? Does the return clearly justify the investment and the risk involved in the project?
- Is the Financial Plan reasonable and does it make sense based on the rest of the business plan?
- Is the venture stable and growth oriented or speculative and risky?
- Does the venture have high sensitivity to the actions of competitors, technology, the industry...etc.?
- Does the venture exemplify creativity and innovation?



# NASHEED/RAP

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

1. Three (3) copies of the typed Nasheed/Rap lyrics to be submitted before the performance

**Registration Requirements:**

1. A minimum of one (1) and a maximum of six (6) people can register for this competition.
2. This will be a separate competition for brothers and for sisters. Each team must be either all male or all female. Only one (1) group can enter this competition per MIST team.
3. The Nasheed/Rap competition is different from the Spoken Word competition. If a competitor registers for both competitions, they may not use the same piece.

**Procedures:**

1. The performance must not exceed more than five (5) minutes. Points will be deducted from the total score if the performance exceeds the allotted time.
2. The only instrument that can be used for the performance is a drum with an open end (daf). Full drum kits, floor drums, etc. will not be allowed. Drums will not be supplied by MIST. Each group is responsible for bringing their own drums. Other methods used for rhythm may be explored such as vocal percussion (beatboxing), etc. Groups cannot use digitally enhanced sounds for their performance.
3. Groups must perform in front of an audience. No repeat performances from previous years are allowed.

**Competition Logistics:**

1. This competition will be conducted in-person.
2. MIST ID and order of competition will be pre-assigned on a random selection basis.
3. The performance will be judged according to the Nasheed/Rap Detailed Ballot.

# DETAILED BALLOT: NASHEED/RAP

## Section A: Administrative

Points: 5

- Presenter(s) are on time for the competition
- Nasheed/Rap is under five (5) minutes
- There are no identifiers on the submission aside from the MIST ID
- The presenter(s) look credible and are dressed for an interview

## Section B: Content/Structure

Points: 15

- Is the Nasheed free from any inappropriate content? If it contains profanity, sexual innuendo, etc. do not score the rest of the section; competitor receives 0/15. If so, continue scoring.
- Is the Nasheed well written, (ie Are rhyme, metaphors, and figurative language present in the lyrics?)
- Does the Nasheed show originality and creativity?
- Intro: does it establish a melodic, harmonic, and/ or rhythmic pattern related to the piece? Does it establish a basic connection with the listener?
- Verse: how well does it tie into the main purpose? Are the verses well defined? Is there a story/message to easily follow throughout each verse?
- Chorus: is the chorus easy to follow? Is it catchy? How does the chorus embody the message of the song?
- Bridge: 1 bonus point

## Section C: Technical

Points: 25

- Intonation: Tone quality, pitch, accuracy, blend and balance
- Vocal Technique: Articulation, rhythmic accuracy, fluency, flexibility, breath control, etc.
- Tone: sound or timbre pleasing to the ear, blend, evenness
- Is there a unique texture to the performer's voice/s? Is it a soft or gentle sound? A hoarse or gravely sound?
- Does/do the performer/s display a unique wide range of vocal tones? Is it just monotone? Can performer/s move from a low to medium to high note effectively? Can high notes be articulated without cracking or straining their voice? Do the low notes contain power/strength
- Rhythmic Integrity and interpretation: Style, tempo, phrasing, dynamic contract, etc.
- Musical effect and diction. Phrasing and melodic sensitivity, artistry, expressive and musical feeling, etc.
- Musicianship: Sensitivity to all aspects of execution in order to make an effective musical result: phrasing, dynamics (good sense of loud and soft singing), vocal attack.

## Section D: Delivery

Points: 20

- Stage Presence: Is there a connection with the audience, energy, and excitement? Is there connection between the piece and the performer's emotions? Does the performer embody the piece? Body language?
- Are the members of the group in time with one another (rhythm)? If it is one member are they maintaining tempo?
- Are the members of the group in tune with one another? If the group consists of one member, do they have good tone?
- Are the lyrics clear and easy to understand? (In their presentation, not interpretation)
- Stage presence - group appearance, music memorized, facial expressions, staging, accompaniment, entertainment value. Do the competitors establish eye contact? Do the performers own the stage?

## Section E: Complexity

Points: 10

- Wide range, complex or varied rhythms, incorporation of several creative elements, complex harmonies

## Section F: Judge's Discretion

Points: 10

After the perusing of the Nasheed content, performance, and interview, rate the entire experience from 1 to 10.

- 1 being very poor (no organization, unity, intonation, relation to the theme)
- 5 to 6 being average
- 10 being exceptional (memorable performance, sound understanding of the theme, exceptional Nasheed content).

## Section G: Application of Theme

Points: 10

Please ask the following questions to gauge their understanding of the theme and how it was expressed in their work.

1. How did you aim to convey this year's theme in your work?
2. What do you hope to teach people about the theme with this work?
3. What element of the work is the most important towards conveying your understanding of the theme?

Then proceed to scoring.

- There is a strong, clearly evident relevance to the theme.
- The theme is expressed in a unique or outstanding way.
- Purpose of the project is clearly articulated and shows evidence of reflection and/or research.
- Elements and principles of the project are clearly articulated and student shows evidence of careful selection and organization of these elements and principles.



# HUMANITARIAN SERVICE

**Format:** IN-PERSON

**Early Submission Requirements:** None

**On-Site Submission Requirements:**

1. Campaign Plan - three (3) hard copies
2. Supplemental materials for group presentation (optional)

**Registration Requirements:**

1. A minimum of one (1) and a maximum of six (6) people can register for this competition. Only one (1) group per school may register.

**Procedures:**

1. Competitors will create and implement a 1) campaign plan and a 2) crowdfunding site to raise funds, support, and awareness for an Islamic Relief USA project to be released on the IRUSA website as well as the GetMISTified website. [The IRUSA website for 2022 can be found here.](#)
2. The campaign plan must:
  - a. Be typed with 12-point Times New Roman font, double-spaced, with 1" margins.
  - b. Include a Title Page with the campaign name, competitor MIST IDs, and name of this competition.
  - c. Include an abstract (max. 250 words), Table of Contents, and Bibliography.
  - d. Include a description of the campaign goals (written as SMART goals), a campaign calendar or timeline, an ideal funder profile/targeted funder personas section, and a marketing plan.
  - e. Describe the implementation strategy which includes a social media and community engagement plan. Paid social media promotions are not permitted.
  - f. Optional: The campaign plan may also include digital and physical collateral (ie. pamphlets, stickers, infographics), screenshots of digital campaigns and engagement, and plans for different marketing mediums other than the one selected in the implementation strategy.
3. The content of the crowdfunding site should identify the problem, and describe Islamic Relief's solution, an explanation of the crowdfunding campaign, and any giving incentives the competitors plan to implement.
4. Competitors must also prepare a five (5) - seven (7) minute presentation for judges. The presentation must focus on what the competitors have learned about the issue at hand, Islamic Relief's intervention, and also what they learned about crowdfunding and community engagement. They may present recommendations to Islamic Relief for how they may better engage in humanitarian digital crowdfunding efforts based on their findings.
5. Optional: Students are encouraged to use marketing analytics to supplement their presentation. Any analytics students include that provide valuable inferences will be given one (1) bonus point. Examples: Conversion Rate, Marketing ROI (if applicable), Average Lead Close Rate and Impression/Reach Rates.
6. Students will be allotted five (5) - seven (7) minutes to present and then will field questions from the judges. Not all students are required to participate in speaking during the presentation, but all registered students must be present to answer questions about their participation in the project.
7. All submissions must be labeled with the MIST ID ONLY. If the competitors' name appears anywhere on the submission, points will be deducted.

**Competition Logistics:**

1. This competition will be conducted in-person.
2. All entries will be judged and interviewed.
3. The interview will be conducted in-person. The interview will consist of the judge asking specific questions in order for the competitor to describe their campaign.
4. The campaign plan, presentation, and interview will be judged according to the Humanitarian Service Detailed Ballot.

# DETAILED BALLOT: HUMANITARIAN SERVICE

## Section A: Technical

### General Rules

Points: 5

- The competitors created a crowdfunding campaign on time with complete marketing plan attached.
- Participants are all present and on time for the competition.
- The submissions include no identifiers aside from MIST ID Numbers.
- The presenters appear professionally credible and appropriately dressed for an interview.
- The presentation is 5-7 minutes. Q&A is 3 minutes.

### Presentation

Points: 25

- The presentation explains lessons learned from the campaign.
- The format can be a verbal presentation, video, PowerPoint or a combination.
- The presentation should include recommendations from IRUSA based on what the team learned.
- The presenters speak clearly, with a confidence that demonstrates adequate practice and mastery of the subject.
- The presentation flows smoothly and logically.
- The topic is presented in a relevant and engaging manner for other high school students without compromising professionalism in front of the judges.

## Section B: Crowdfunding Campaign

### General Content

Points: 20

- The crowdfunding campaign properly summarizes the entire project and employs an engaging writing style.
- The problem is well defined and supported by facts and statistics.
- Islamic Relief's intervention is explained as well as how the donations will be used to solve the problem.
- Marketing best practices are used.

### Creative Content

Points: 20

- The campaign includes a thorough, complete and sophisticated marketing plan.
- Marketing collateral is diverse and appealing (includes over 5 pieces of high quality physical and digital collateral)
- The collateral and plan created are suitable for the articulated Ideal Customer Profile

## Section C: Implementation & Results

### Implementation

Points: 25

- The implementation of the campaign was conducted over an extended period of time (in terms of weeks, not days).
- The implementation plan includes a strategic roll out plan for social media promotion and community outreach.
- The project was accomplished by teamwork of all registered members fairly.
- Implementation plan is clear and visible through a campaign calendar that achieves the outlined campaign goals.
- Variety of marketing methods were used to achieve their campaign goals.
- Adequate explanation was given for difference in physical and digital donations

**\*Bonus point (1) for additional analytics formulas used correctly to build inferences**

### Results

Points: 5

The campaign met its fundraising goal.

- Minimum fundraising goal guidelines\*:
- Teams of 1-5 students: \$100
- Teams of 6-10 students: \$250
- Teams of 11-25 students: \$500
- Teams of 26-50 students: \$750
- Teams of 51-100 students: \$1,000
- Teams over 100 students: \$2,000

**\*Teams who raise double or more their goal amount will receive 5 bonus points**





# SCIENCE FAIR

## **Format:** IN-PERSON

### **Early Submission Requirements:** Two-Week Early Submission

1. Research Paper (PDF format)

### **On-Site Submission Requirements:**

1. Presentation (medium of choice)

### **Registration Requirements:**

1. A minimum of one (1) and a maximum of six (6) competitors can register for this competition. Up to two (2) separate submissions per MIST team are allowed.

### **Procedures:**

1. Science Fair projects may not be used if they were presented at previous MIST tournaments/other competitions.
2. A complete Science Fair Project consists of a research paper and a presentation.
3. The presentation (5-7 minutes with 3 minutes for questions) can vary anywhere from a PowerPoint presentation to a display board with pictures. Competitors may include props, videos, pictures, etc. in their presentation. The purpose of the presentation is to summarize the question, hypothesis, methods, results, and future directions of the original research done by the competitor(s) and written about in the research paper.
4. Although mentored projects are allowed to be submitted as a MIST Science Fair project, competitors should be explicitly aware of the following rules which apply to all science fair submissions:
  - a. The competitor's testable question and the hypothesis must be unique, original and the intellectual property of the competitor not the Mentor.
  - b. The project must be within the scope and ability of the student presenters.
  - c. All data and information presented as part of the science fair project must be the original work, ideas, words, and thoughts of the presenters and not the supervising authority at the Mentor Lab or Mentors. If other data must be entered, it has to be clearly cited to avoid plagiarism.
  - d. All students must clearly differentiate between their own original intellectual property and that of their Mentors.

### **Submission Requirements:**

1. The research paper must be typed with 12-point Times New Roman font, double-spaced, with 1" margins.
2. Be 1,500-2,000 words long.
3. Include a title page with the title of the research, MIST competitor(s) IDs, and name of this competition. Include a Table of Contents and an Abstract (250 words or less).
4. Include an introduction section that states and explains a scientific research question and states the competitor(s) original hypothesis.
5. Summarize the current research in the literature that aims at answering the research question and contain in-text citations where needed.
6. Describe the method the competitors conducted to do their own active research to answer the research question. The active research may be comprised of experiments, surveys, questionnaires, etc.
7. Summarize and explain the results collected by the competitors and include proper analysis (ie. statistical analysis where appropriate).
8. Include a conclusion section.
9. Include a works cited page/bibliography with references in the MLA format (a minimum of three references).

### **How to Submit:**

1. Submission of the Research Paper must be made through the MyMIST portal.
2. The Research Paper must be submitted by the early submission deadline. Any submissions following the early submission deadline will NOT be accepted.
3. All submissions must be PDF format and must include only your MIST ID on all file names. Do NOT include your own name anywhere on the submissions.

**Competition Logistics:**

1. This competition will be conducted in-person.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on the Research Paper) will be contacted for interviews. The number of interviews conducted will be up to the discretion of the Regional Headquarters.
3. The Research Paper and presentation will be judged according to the Science Fair Detailed Ballot.

# DETAILED BALLOT: SCIENCE FAIR

## Section A: Technical

### General Rules

Points: 5

- The competitors submitted three copies of their research paper, a three-paneled display board, and any other optional visual aids on time.
- Participants are all present and on time for the competition.
- The submissions include no identifiers aside from MIST ID Numbers.
- Bonus: One (1) bonus point can be given if the topic is relevant to the theme.
- The three-paneled display board has minimum dimensions of 36" x 48".
- The presenters appear professionally credible and appropriately dressed for an interview.
- The presentation is 7 minutes. Q&A is 3 minutes.

### Research Paper Rules

Points: 5

- The research paper is 1,500 - 2,000 words in length.
- The font is 12-point Times New Roman.
- The paper is double spaced.
- The margins are 1" on each side.
- An abstract of less than 250 words is included on the Title Page.
- The Table of Contents properly includes the various sections of the paper.
- The Bibliography includes all works cited, and at least three sources are cited.
- All citations are made with proper MLA format.

## Section B: Presentation Components

### Visual Aid

Points: 5

- Did the presenter use Visual Aids? Was it typed and not written?
- Was the visual presentation neat, uncluttered and clearly comprehensible? Was the display well organized so that the parts of the presentation are logical?
- Did the presenter clearly tie their project with the visual aide used?
- Does the display stand alone? Is it possible to understand the study without the competitor present?

### Introduction, Body & Conclusion

Points: 15

- Did the presenter grab your attention with their introduction?
- Was the topic clearly stated in the introduction? Was the introduction brief and concise? Did the presenter preview and give focus to the key ideas?
- Did the presenter make effective use of signposting, internal summaries, and transitions? Was there a logical progression of ideas?
- Was adequate time devoted to each section of the presentation within the 7– 10 minute time limit?
- Did the presenter conclusively tie the speech together? Was there a note of finality?

## Section C: Scientific Aspects

### Scientific Thought

Points: 25

- Did the competitor ask his/her own original testable question that can be measured quantitatively?
- Does the competitor have his/her own original hypothesis that can be quantitatively measured and answers the question?
- Is that data quantitative and does it answer the question?
- Are all variables original? Are they all considered and identified?
- Were multiple trials performed if needed?
- Was the data clearly interpreted? Were the conclusions accurately based on this data?

### Thoroughness

Points: 15

- Was the testable question original and the intellectual property of the competitor?
- Did the competitor individually collect all data available?
- Was the competitor able to explain any problems that arose?
- Did the competitor relate the work to what was reported in the literature?
- Was the study completed or brought to a logical stopping place?

## Section D: Analysis and Content

Points: 20

- Did the presenter answer the question clearly?
- Was the content informative? Was the information pertinent to their specific topic? Was the information adequately documented?
- Was there sufficient use of logic, facts, examples, and/or expert opinion? Was scientific literature examined?
- Was the study/research within the scope of the competitors' ability?
- Did the competitor approach the problem in an original manner with an original hypothesis?
- Was the study well thought out and did it show the competitor's initiative in thought and design?

## Section E: Research Paper

Points: 10

- Is the paper 5 to 7 pages long?
- Does the research paper have at least 3 cited sources?
- Is there a works cited/reference page at the end of the paper? Is the formatting according to the MLA style?
- Has active research been conducted by the team and have the results been compiled and analyzed within the paper?
- Is the research question present answered through the paper?



# SHORT FILM

**Format:** ONLINE

**Early Submission Requirements:** Two-Week Early Submission

1. Unlisted YouTube/Vimeo link (on a PDF file)
2. Region's Entry Form
3. Artist Statement - Video Statement (7-min max; unlisted Youtube/Vimeo link submitted on a PDF) OR Written Statement (500 words max; PDF format)

**On-Site Submission Requirements:** None

**Registration Requirements:**

1. A minimum of one (1) and a maximum of six (6) people can register for this competition per school. More than six (6) individuals from one school may work on the short film, but no more than six (6) can register.

**Procedures:**

1. Films entered may be of any genre, fiction, documentary, animation, art or experimental.
2. All videos must be in a 4:3 or 16:9 Aspect Ratio. Films shot in widescreen must be letterboxed to fit in the 4:3 Aspect Ratio.
3. Films shall be a minimum of five (5) minutes and a maximum of seven (7) minutes in duration (excluding opening and closing credits).
4. Films must NOT contain inappropriate audio or video content.
5. Entries MUST be original works that have not been previously distributed/ awarded/recognized or publicly exhibited as of the submission date. Entrant must be the creator of the submitted work, holding the full copyright ownership therein.
6. Films MUST relate to this year's theme.
7. The team must submit the follow components by their MIST regional deadline:
  - a. An unlisted YouTube/Vimeo link to their submission
  - b. A completed region's entry form. Competitors who do not turn in this form with their submission will lose points towards their final score.
  - c. 500-word artist statement or four (4) minute video answering:
    - i. How did the team make the film? What inspired you/your team to make this film?
    - ii. How did you aim to convey this year's theme in your work?
    - iii. What do you hope to teach people about the theme with this work?
    - iv. What element of the work is the most important towards conveying your understanding of the theme?
8. An Artist Statement must be submitted to explain the piece.
  - a. The Author's Statement may be a Video Statement (max duration: four (4) mins) or Written Statement (max word limit: 500 words) to explain the piece.
    - i. A Video Statement must be an unlisted Youtube/Vimeo link submitted as a PDF along with the piece.
    - ii. A Written Statement must be submitted as a PDF along with the piece.

**How to Submit:**

1. Submissions must be made through the MyMIST portal.
2. The MyMIST portal only accepts one submission file. For uploading multiple files, all files must be put together into a zip file, and the zip file can be uploaded into the portal.
3. Submissions must be submitted by the early submission deadline. This includes the Short Film and the Artist Statement. Any submissions following the early submission deadline will NOT be accepted.
4. All submissions must include the competitor's MIST ID on all file names. Do NOT include your own name anywhere on the submissions.

**Competition Logistics:**

1. This competition will be conducted online.
2. All submissions will be judged. Depending on the number of entries, only the top entries (based on the film and Artist Statement) will be contacted for interviews. The number of interviews conducted will be up to the discretion of the Regional Headquarters.

3. Competitors will be contacted to schedule their online interviews.
4. The interview will be conducted online. The interview will consist of the judge asking specific questions in order for the competitors to describe the purpose and inspiration of their film.
5. The film, artist statement, and interview will be judged according to the Short Film Detailed Ballot.



# DETAILED BALLOT: SHORT FILM

All films must be watched in their entirety. If time is constrained, only the first 7 minutes will be viewed.

## Section A: Technical

Points: 4

- Presenters on time for interview.
- Film duration within 5-7 minutes.
- There are no identifying characteristics on the submission aside from their MIST ID.
- The presenter(s) look credible and are dressed for an interview.

## Section B: Production Quality

### Production Quality – Sound

Points: 20

- Clear, crisp audio
- Used external microphones when necessary
- Sound effects were used appropriately
- Balance between music and dialogue when necessary

### Production Quality – Video

Points: 30

- Proper transitions used (i.e dissolves used mainly to establish change in time, not between every scene)
- Proper Headroom
- Used tripod when available
- Quality is consistent
- Variation in shot selection
- Scenes edited/cropped tightly

## Section C: Narrative

### Theme

Points: 10

- Story addressed the theme thoroughly
- Theme was consistent throughout
- Written statement answers the following questions:
  - How did you aim to convey this year's theme in your work?
  - What do you hope to teach people about the theme with this work?
  - What element of the work is the most important towards conveying your understanding of the theme?

### Acting

Points: 10

- Props/makeup used appropriately
- Casting is believable

### Story

Points: 26

- Film duration within 5 to 7 minutes
- Cohesive narrative from beginning to end
- Narrative is shown through visual storytelling, not explained through text graphics
- Film does not contain profanity, sexual innuendo, or excessively vulgar content
- Events of the story are believable given the context of the film

Short Film Entry Form  
(Please Print)

MIST ID of group (or name of group): \_\_\_\_\_

Individual MIST IDs: \_\_\_\_\_  
\_\_\_\_\_

Number of people in the group: \_\_\_\_\_

Film Information:

Title: \_\_\_\_\_

Brief Synopsis: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Film Genre: Narrative Fiction  Documentary  Animation  Art  Experimental  Other

Length: Minutes \_\_\_\_\_ Seconds \_\_\_\_\_ Original Format: Film  Video  Computer Graphic

Sound: Mono  Stereo  No sound or music

Production Tools Used (Camera, Hardware, Software, etc): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Owner of Copyright: \_\_\_\_\_

I have read, understand and agree to the rules and regulations of this competition.

Signature of Entrant: \_\_\_\_\_

Date: \_\_\_\_\_



# CATEGORY VI: SPORTS

## BASKETBALL

MIST follows standard high school basketball rules which are readily available online and are commonly known among those who play basketball. Standard rules for offense (e.g. traveling, double dribbling, charging, etc.) and defense (e.g. goaltending, blocking, pushing, etc.) will apply.

### Registration Requirements:

1. A minimum of five (5) and a maximum of ten (10) competitors can register for this competition per school, each for Brothers' Basketball and Sisters' basketball respectively.
  - a. Only one (1) Brothers' team and one (1) Sisters' team is allowed for each school.
2. Your school may collaborate with another school and compete together for this competition to form a coalition. All points and awards for this competition would be shared equally between collaborating schools (termed "coalitions"). Check with your Regional Headquarters for more information.

### Procedures:

In addition to the regulations of high school basketball, the following rules/exceptions of MIST also apply:

1. Students must be enrolled in another competition in addition to a sports competition.
2. All MIST rules and regulations, including dress code, also apply.
3. Failure to participate in MIST competitions and/or workshops will result in immediate disqualification.
4. The game will consist of two 15-minute halves. If the score is tied after regulation, except for playoffs schedule, no overtime will be given. It will be recorded as a tie game.
5. If the score is tied after regulation for a playoff game, a series of 5-minute overtime periods will be played until a winner is determined after the end of such a period.
6. The clock will run non-stop until the final two minutes of each half. During the last two minutes, the clock will stop on all whistles. An official or team time-out will stop the clock during the first 18 minutes.
7. Each team may be required to have one person sitting at the scorer's table to operate the clock and to keep score. A forfeit may result if a team does not comply with this rule.
8. Each team MUST have matching, numbered jerseys for every player. Legal numbers are expanded to include 0-99. A non-numbered jersey will not be allowed as "00". Your team captain will specify your team's color at the time of registration. The colors of other teams in your league will also be listed. There will be no "Shirts" vs "Skins" or taped-on numbers. Your team will forfeit if it fails to have the proper jersey at game time.
9. No basket may be scored on a player control (offensive) foul, regardless of when the ball is released.
10. Time-outs will last one minute and half-time will last two minutes. Teams have three (3) time-outs per game.
11. Two technical fouls on a player or coach will result in automatic ejection from the game. The ejected player must also leave the playing area.
12. Only one coach and assistant coach per team are permitted on the team bench.
13. Teams will enter the bonus (one and one) on the 7th team foul. On a team's 10th foul, all fouls will result in two free throws. Any player fouled on a 3-point attempt who does not make the basket will be allowed to shoot three free throws.
14. There will be a 35-point mercy rule after 10 minutes in the second half. In the judgement of the officials and supervisor, if a team is dragging or allows the team behind to make up baskets so the game will not be stopped, the game will be stopped immediately.
15. Substitutes must be reported to the score table and beckoned in by the officials. Illegal substitutions will result in a technical foul.
16. Slapping the backboard is not a technical foul in itself, but intentionally hitting the backboard hard enough to alter the flight of the ball will result in a technical foul.
17. Unsportsmanlike conduct will not be tolerated. The following behaviors will result in a technical foul and the possibility of a game suspension:
  - a. Cursing at the officials, supervisors, or opposing players
  - b. Insulting the officials, supervisors, or opposing players
  - c. Participating in a fight (AUTOMATIC EJECTION)
  - d. Other unsportsmanlike acts will also earn a technical foul. All unsportsmanlike fouls will result in two free throws and possession of the ball, regardless of whether the foul is on a player or the bench.
18. The top three regional teams are eligible to compete at the National tournament. All competitors must have registered and competed at regionals in order to be eligible to compete at Nationals.

# WOWZA.

Looks like you've reached the end. If you have any questions about the competitions that are not answered within this rulebook, please contact us at [info@getmistified.com](mailto:info@getmistified.com).

All the best this year at MIST!

The 2022 MIST Team  
(you can stop reading now)