



MUSLIM INTERSCHOLASTIC
TOURNAMENT

**THE WEIGHT
OF POWER:
RULING THE SELF
TO SERVE OTHERS**

MIST QUIZ BOWL TOPIC 2:
STRUGGLES AND CHALLENGES
OF THE WOMEN IN ISLAM
2023 NATIONALS



MIST Quiz Bowl Topic 2: Struggles and Challenges of the Women in Islam

For MIST Quiz Bowl Topic 2: **Struggles and Challenges of the Women in Islam**, the questions will be asked from the following materials:

[Episode 1 of the Upheld by Allah Series: Courage Against Evil](#) by Yaqeen Institute

[Episode 5 of the Upheld by Allah Series: Standing Up for Yourself](#) by Yaqeen Institute

[Episode 3 of the Upheld by Allah Series: The Power of Dua](#) by Yaqeen Institute

[The Unsung Heroines Of Islamic History](#) by Hassam Munir